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# ROTARY CLUB NEWS

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NO. 2



[STRATHFIELDROTARY.ORG.AU](http://STRATHFIELDROTARY.ORG.AU)



AUGUST 2025

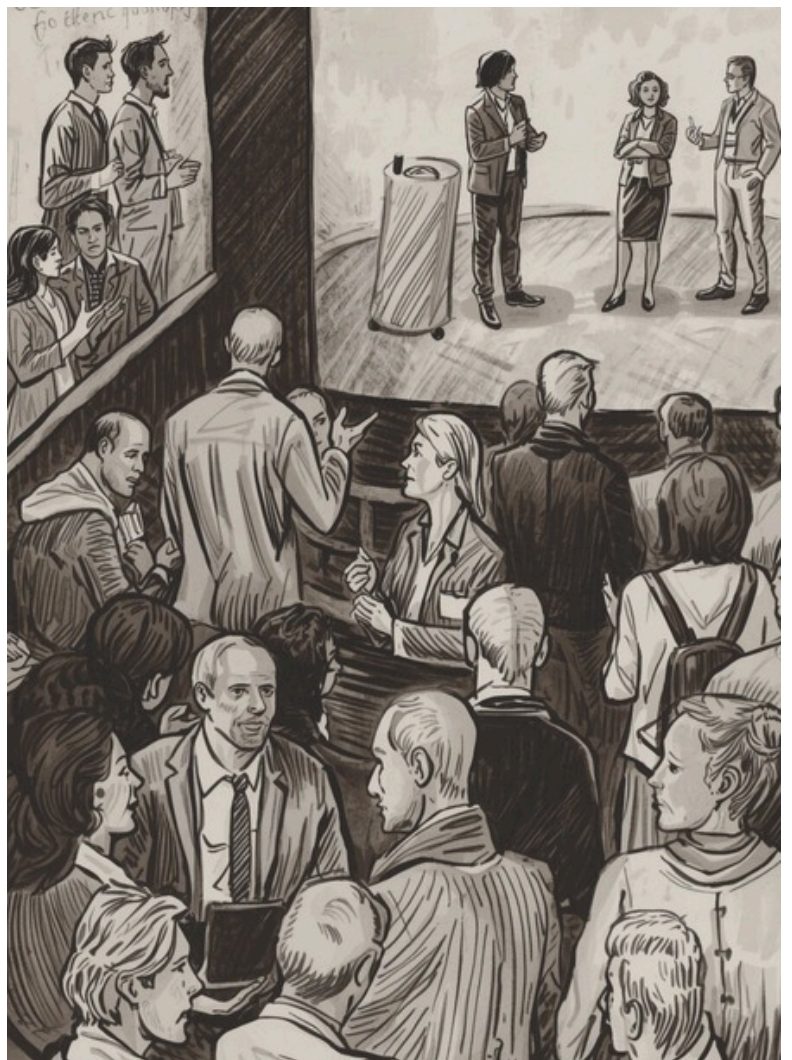
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# LINKING BEYOND: CLUB NEWS & HIGHLIGHTS

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## SPEAKERS AND VISITORS INSPIRING THINKING MOMENTS

At Strathfield Rotary, networking is not just about names and handshakes - it's about the spark that turns conversations into action. Week after week, speakers step up to share how they help communities in diverse ways, whether through business innovation, inspiring leadership, or hands-on volunteering. Visitors bring fresh perspectives, new stories, and bold ideas that inspire others to think differently, connect more deeply, and see new possibilities. Each meeting leaves its mark, shaping how members serve, lead, and grow together. This is networking with a difference: where meetings become memories, and connections create lasting impact far beyond a single evening.





**13th August 2025.** We were pleased to welcome Sonya Furlong, an accomplished coach, trainer, and speaker whose business empowers people through growth and meaningful networking. Sonya spoke about the importance of building authentic connections, showing how even small conversations can open doors to new opportunities, collaborations, and personal growth. Her engaging message left members and visitors inspired to approach networking not just as an exchange, but as a way to create lasting value and stronger communities.



## INSPIRATION IN ACTION: SERVING AND SHARING

Life's most fulfilling moments rarely happen when we stay within the comfort of our own walls; true enrichment begins when we step outside - when we choose to listen, to share, and to be part of something larger than ourselves. At every Rotary Club gathering, each conversation, each handshake, and each shared idea becomes a seed for growth, reminding us that life blossoms when lived together, not in isolation. By contributing our time, our voice, or simply our presence, we weave ourselves into a network of purpose and friendship, transforming ordinary evenings into extraordinary opportunities that leave us feeling lighter, inspired, and ready to do more. Staying home keeps life safe and familiar, but stepping out allows us to discover the deeper joy of serving and sharing and to realize that every moment of connection has the power to make both our lives and the lives of others richer.

So let's act on that truth: step beyond what is comfortable, show up, and lean into service and connection. Each time we choose to engage, we not only enrich the lives of others but also uncover new dimensions of our own. The invitation is simple - to be present, to give, and to share - and in doing so, to live more fully.



# AUGUST EVENTS & CONNECTIONS

## ✱ 6 AUGUST 2025 (DR MOHIT TOLANI)

Proud recipient of the Ray Sherry Shield as Winner of the Vocational Excellence Award 2024, Shellharbour Citizen of the Year 2025, with the presentation topic “Dentistry in the Modern Era” (Shellharbour Dentists, <https://shellharbourdentist.com.au/>).

## ✱ 13 AUGUST 2025 (SONYA FURLONG, LIFE COACH SYDNEY)

The presentation was Communication Mastery with Neuro-Linguistic Programming (NLP). Sonya Furlong, one of Australia’s Master Trainers in NLP, delivers life-changing coaching and training through the Centre for Life Therapies (<https://centreforlifetherapies.com/>)

## ✱ 19 AUGUST 2025 (EQUAL PAY DAY)

Attending the Business and Professional Women’s Foundation event

## ✱ 20 AUGUST 2025 (DR JESSICA LUYUE TEOH - CHURCHILL FELLOW)

The presentation was on Domestic Violence in Pregnancy, delivered by Dr Jessica Teoh, BMedRes (UTAS), MD (USYD), Cert Women’s Health, Obstetrics & Gynaecology Registrar (FRANZCOG), NSW Young Woman of the Year 2025, and Churchill Fellow

## ✱ 27 AUGUST 2025 (THE AMBASSADOR TRAINING RESTAURANT NIGHT)

The Ambassador Training Restaurant showcases TAFE hospitality students crafting modern Australian fine dining with international flair (250 Blaxland Rd, Ryde NSW 2112)







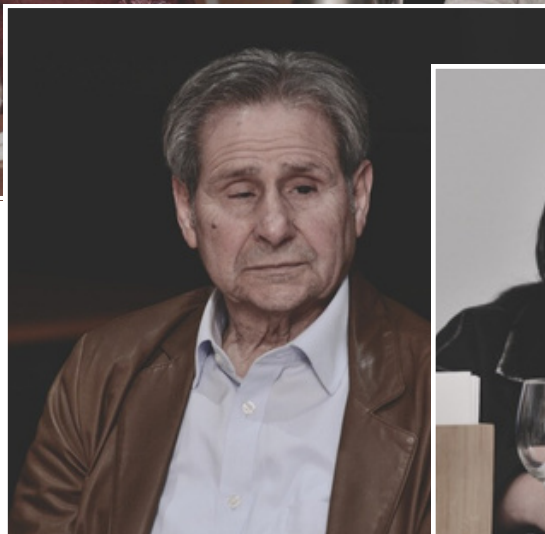
# PRESIDENT YING HO'S ADDRESS

As we move into August, I am pleased to reflect on a strong beginning to our Rotary year. The energy in our meetings has been uplifting, and attendance has grown steadily, showing the vitality and commitment of our members and our guests. It is wonderful to see such enthusiasm as we build momentum for the months ahead, and this growth demonstrates how Rotary Club of Strathfield continues to be a place of purpose and belonging. I am also delighted to announce that the board has approved a new member, Yvette Facchini, Managing Director of Cleena Bins. She will be formally inducted at one of our upcoming meetings, so please watch out for the date and make sure to come along to congratulate her. We are excited to have her expertise, passion, and leadership in our club. Yvette's induction will be a great opportunity for us to gather in fellowship and show the strength of our Rotary family. Looking forward, preparations for the Vocational Excellence Awards 2025 are already underway. These awards shine a spotlight on outstanding achievements within our community and allow us to share the values of Rotary in a meaningful way. I encourage all members to actively consider nominations and to help us secure sponsors, ensuring that this program continues to inspire excellence and recognition across our community. With your support, the awards will once again be a highlight of our calendar.

Everything is tracking well as we balance fellowship, service, and growth, and our strong start has given us a renewed sense of confidence for the year ahead. Our club is thriving because of the dedication and contributions of members, and this momentum is building a bright path forward. Rotary is more than just a service organisation it is a place where people connect, grow, and discover purpose. Through Rotary, we create opportunities not only to strengthen communities but also to enrich our lives in confidence, leadership, and understanding of others. Fellowship remains the glue that holds us together, and it is through social connection, shared projects, and collective service that we continue to grow stronger. We are also looking ahead to more opportunities for collaboration, both within our community, with Strathfield Council, and with partner clubs abroad, to expand the reach of our service. Every effort we make as individuals becomes part of a larger impact when we act together, and that is the true spirit of Rotary. As we continue this journey together, let us welcome new members, celebrate achievements, and keep striving to do good in all that we do. Guided by RI President Francesco Arezzo's theme of "Unite for Good," let us carry this spirit into every action, building a legacy of positive change. This is where 2025 continues with action, fellowship, and a united commitment to making a lasting impact.



# PICTURE-PERFECT MOMENTS



## FRESH PITCHES & INSPIRING VOICES

Inspiration often arrives when bright voices share bold ideas. At a recent gathering, speakers brought fresh insight and sparked lively discussion. Each story was unique, yet together they showed what can be achieved when vision meets action. The occasion reminded us how much we gain by hearing from those who challenge convention and imagine better futures. **Anton Starodubtsev**, founder of Windows Factory, spoke on creating smarter windows that cut energy use and boost comfort.

**Oksana Koriakova**, strategist and networking expert, urged members to move beyond “sales” and embrace connection. Her message: step into discomfort, ask questions, and let small meetings grow into lasting opportunities. **Menno Tabbernal**, efficiency coach, revealed how arbitrage, AI, and virtual support can free time and fuel profit.

**Sonya Furlong**, NLP Master Trainer, explored communication styles, showing how listening and rapport build trust. Both encouraged practical change shifting habits for stronger business and clearer interaction. From sustainable homes to sharper words, the talks proved how varied expertise can lift us all. Each speaker left a spark of inspiration, reminding us that growth begins with listening and openness.



Such gatherings strengthen fellowship and prepare us for new challenges with renewed energy.

Anton - [windowsfactory.com.au](http://windowsfactory.com.au)

Oksana - [impero.com.au](http://impero.com.au)

Sonya - [centreforlifetherapies.com](http://centreforlifetherapies.com)

Menno - [ultimateefficiency.com.au](http://ultimateefficiency.com.au)



# WHY GIVING BACK LIFTS US ALL

When we step into community work, something powerful happens not only do we help others, but we also help ourselves. Studies show that people who volunteer report lower levels of stress, improved mental health, and even longer lifespans. Giving back builds confidence, nurtures resilience, and sparks a deeper sense of purpose. So the truth is simple: service feels good. It reminds us that life is richer when shared, and that even the smallest actions: planting a tree, mentoring a student, or sharing a meal can ripple outward, touching families, neighbourhoods, and future generations.

At the Rotary Club of Strathfield, every event and project is more than an activity it is a pathway to connection. When individuals participate in community programs, they not only expand their social networks but also form friendships rooted in shared purpose. Whether it's recognising local excellence, hosting youth programs, or supporting international projects, Rotary reminds us that unity and kindness are the strongest foundations of a thriving society. Each project is a reminder that together, we can accomplish far more, closer in fellowship, and stronger in spirit than we could alone. When people gather to serve, the atmosphere changes. Conversations grow warmer, laughter flows more freely, and even challenges feel lighter when carried side by side. These moments are not fleeting; they become stories we carry into our daily lives.

Importantly, community service speaks differently to different groups of people. For retired members, it offers fellowship, friendship, and renewed purpose. After years of professional life, many look for meaningful ways to stay engaged. Rotary provides opportunities to share wisdom, enjoy companionship, and feel part of something bigger. For employees, volunteering can open doors to career growth and self-development. Members gain skills in project management, leadership, and teamwork, while building confidence in public speaking and networking. These experiences strengthen career paths and provide learning that extends well beyond the workplace. For business owners, Rotary serves as a platform to grow networks, create partnerships, and increase visibility. At the same time, leading or supporting service projects sharpens organisational, presentation, and project management skills advantages that translate directly into business growth.

So why join us? Because Rotary is never only about service it is about belonging, growth, and joy. It meets people where they are in life, offering friendship, personal development, and professional opportunity while making a difference in the world. When you attend a meeting or lend a hand at an event, you will experience the spirit of community work: it lifts the mind, nourishes the heart, and brings out the best in all of us. Come, be part of something greater.





**Nominate local excellence in Strathfield or those who serve our community!**

Do you know a business or staff member making a real impact in Strathfield or nearby suburbs? Put them forward for the Vocational Excellence Awards, proudly presented by the Rotary Club of Strathfield.

These awards honour outstanding workplace contributions and dedication to our community. It doesn't matter where the business is based what matters is the difference they make in Strathfield and surrounding areas.

Award Ceremony: **15 October 2025**

Submit your nomination at:

[vocationalexcellence.com.au](http://vocationalexcellence.com.au)

We also warmly welcome **sponsors** who want to **support** the event and showcase their brand locally. Sponsorship is a fantastic way to connect with the community, gain visibility, build stronger relationships, and be part of a celebration that shines a spotlight on the very best of Strathfield. Contact us today to learn more about sponsorship packages and how to get involved.

Let's celebrate those who go above and beyond! Every nomination highlights the dedication, passion, and hard work of people who inspire us all. Together, we can honour achievement and encourage even more positive contributions across Strathfield.

## SPONSORSHIP OPPORTUNITIES WITH THE ROTARY CLUB

The Rotary Club of Strathfield invites businesses and individuals to partner with us through tailored sponsorship packages for major events, meetings, and social occasions, or by making a donation. Sponsors enjoy strong visibility across our promotions, social channels, and gatherings, while proudly demonstrating their commitment to community spirit and responsibility.

Your contribution directly supports projects that change lives in Strathfield and beyond. From empowering young people to advancing local service initiatives, together we spark lasting impact. Join us as a partner in progress and be celebrated as a valued champion of our community.

To discuss sponsorship or support opportunities, please contact Immediate Past President **Alexey Prokopenko** at [alexey@kiteunion.com.au](mailto:alexey@kiteunion.com.au) or [0432 833 024](tel:0432833024).



## UPCOMING EVENTS

Strathfield Rotary Club

STRATHFIELD ROTARY INVITES YOU TO JOIN US FOR A WONDERFUL PRESENTATION AT

**Rotary Meeting**

TING LEE AND JENNIFER PHILPS  
CHILDREN'S MEDICAL RESEARCH INSTITUTE

UNITE FOR GOOD

CHILDREN'S MEDICAL RESEARCH INSTITUTE

Jeans for Genes

3 September 2025

Strathfield Rotary Club

STRATHFIELD ROTARY INVITES YOU TO JOIN US FOR A WONDERFUL PRESENTATION AT

**Rotary Meeting**

DIANNE NORTH OAM PDG  
INTERPLAST

UNITE FOR GOOD

interplast

Interplast is a not-for-profit organisation that provides humanitarian aid to people in need of medical care in the Pacific region.

10 September 2025

Strathfield Rotary Club

STRATHFIELD ROTARY INVITES YOU TO JOIN US FOR A WONDERFUL PRESENTATION AT

**Rotary Meeting**

TREVOR WEEDING  
THINKING LOCALLY - AND MAKING A DIFFERENCE IN THE COMMUNITY

trypod

people on demand.

17 September 2025

Strathfield Rotary Club

STRATHFIELD ROTARY INVITES YOU TO JOIN US FOR A WONDERFUL PRESENTATION AT

**Rotary Meeting**

JULIANNE CHONG  
ANTICOAGULATION STEWARDSHIP: WHAT IS IT? WHY DO WE NEED IT? AND HOW IT TOOK ME AROUND THE WORLD

UNITE FOR GOOD

24 September 2025



# MEMBER'S NEWS



The Board is pleased to announce that Yvette Facchini has been approved as a new member of the Rotary Club of Strathfield. Yvette brings with her a wealth of experience, a passion for service, and a deep commitment to community values. Her dedication and enthusiasm will no doubt enrich the spirit of fellowship within our club and strengthen the impact of our service initiatives. We are confident that she will make a meaningful contribution to our ongoing projects and future endeavours.

We look forward to formally welcoming Yvette at her upcoming induction ceremony, where we will have the chance to celebrate this exciting milestone together and extend to her the warm fellowship of Rotary.



We are delighted to share that Dr. Anjali Jain, a valued member of the Rotary Club of Strathfield, has been honoured as a Global Woman of Influence 2025 Winner. Dr. Jain's recognition highlights her exceptional contributions as a medical professional, researcher, and community leader, blending innovation, compassion, and service to create change. Her tireless advocacy for women's health, youth empowerment, and cultural inclusion reflects the values our club upholds. This achievement not only celebrates Dr. Jain's dedication and impact but also shines a light on the strength of our members in advancing local and global communities. The Rotary Club of Strathfield congratulates Dr. Jain on this honour and invites friends and guests to join us at meetings to meet her, and share the fellowship of our club.

# TAKE ACTION, INSPIRE CHANGE!

**BE OUR GUEST AT THE CLUB AND START YOUR  
JOURNEY IF YOU'RE READY TO GIVE BACK!**

**Strathfield Rotary Club was chartered on 14 March 1971**

The Club meets on Wednesday, 6.30 pm for 7.00 pm

Meetings are held at the Event Centre Strathfield Golf Club

52 Weeroona Rd, Strathfield NSW 2135

ph +61 (0) 2 9642 0326

Contact Secretary Nick Hamilton-Kane

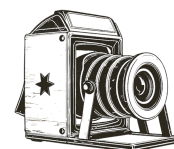
email [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au) or PO Box 268 Strathfield, NSW 2135



## SPONSORS AND SUPPORTERS



**KITE UNION**  
IT Business Software



Rotarian Bradley Ayres  
Rotarian Steven Argyris

