

Ray's Putts

Last week, we heard from Mark Anns, who has over 30 years' experience working with issues related to health, and improving human performance.

He has worked as a psychologist, lecturer, policy analyst and manager .Mark provided us with an insight to some of the issues and changing expectations confronting our aging society.

Mark highlighted important considerations for aging and planning tips recommended in preparing for retirement.

Mark is also a member of NSW Ministerial Advisory Committee on Ageing. Mark was introduced by Emmanuel Vatalis and Keith Stockall provided a vote of thanks.

President Ray