



Rotary

Club of Strathfield



STRATHFIELD ROTARY BULLETIN

DISTRICT 9675
3rd November 2021

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<https://www.facebook.com/strathfieldrotary>

Rotary, United Nations and Australian Themes

<i>Year 2021</i>		
-	UN	International Year of Peace and Trust
-	UN	International Year of Creative Economy for Sustainable Development
-	UN	International Year of Fruits and Vegetables
-	UN	International Year for the Elimination of Child Labour
<i>Month of Nov</i>		
-	Rotary	Rotary Foundation Month
<i>Weeks of Nov</i>		
1st-7th Nov	Rotary	World Interact Week
31st Oct-12th Nov	UN	Glasgow Climate Change Conference
<i>Days of Nov</i>		
2nd Nov	UN	International Day to End Impunity for Crimes against Journalists
5th Nov	UN	World Tsunami Awareness Day
6th Nov	UN	International Day for Preventing the Exploitation of the Environment in War and Armed Conflict



President's Report



Thaya Ponniah
President

My fellow Rotarians and friends of Rotary,

Last Sunday, the 31st of October 2021, we launched our "MIND YOUR HEALTH" campaign in front of an august audience at the Strathfield Golf Club. I want to summarise the event's speeches and the

presentation explaining "MIND YOUR HEALTH" for the sake of all those who couldn't make it to the event.

The world is facing a multifaceted crisis; an unprecedented pandemic health crisis, an economic crisis, a societal crisis, a racial crisis, an environmental crisis, and rising geopolitical tensions. However, the main impacts are health-related; There are 264-300 million individuals worldwide living with depression, 284-300 million living with anxiety-related disorders, 46-60 million living with

bipolar affective disorders, and approximately 16 million living with eating disorders.

We are initially partnering and promoting the following three organizations with our campaign:



"MIND YOUR HEALTH", defined and developed by the Rotary Club of Strathfield, is a program of many projects. It is a program and a movement for everyone to understand that "MIND YOUR HEALTH" is a critical mantra for all of us to realize that life can be complicated and difficult. The "MIND YOUR HEALTH" concept recognises the gaps in understanding this topic and our calling to provide tools, resources, and catalysts for positive change.

Our first project of the "MIND YOUR HEALTH" program is a social media campaign that encourages people affected by depression, anxiety, or other mental health issues, caused by COVID-stress, to seek professional help. We identified that the main problem is that most people with mental health issues delay recognising the need to ask for assistance. With our project, hopefully, we can help break down some of these barriers.

Relationships Australia NSW

Reconnect Wellbeing Support is a free 12-month service for older Australians experiencing feelings of isolation and disconnection due to the COVID-19 pandemic. The restrictions of the past year left many unable to maintain their usual connections with family, friends, and community, as well as access health services and support networks. Reconnect encourages re-engagement through educational, health-related, social, recreational, or counselling-focused support, depending on the client's unique situation.

Head to Health

Head to Health has been designed to help address the significant impact of the ongoing lockdown restrictions on the mental health of individuals and communities. Our 'Pop-up' clinics provide mental health supports by phone, video, and in-person from Monday to Friday. Funded by the Australian Government, the pop-up clinics provide a single-entry

point for people living across NSW to access a range of mental health services.

CASS Care

A comprehensive range of social and welfare services to the multicultural communities, especially those of East Asian backgrounds, e.g., Chinese, Koreans, Indonesians, Vietnamese, Singaporean, Malaysian, etc. Our services include Aged Care Services, Disability Services, settlement and health services, childcare services, etc. In addition, we provide emotional support for the Chinese speaking community, especially those experiencing depression, anxiety, stress, isolation, loneliness, or burnout because of the COVID-19 pandemic.

Rotary International has six focus areas, two of which are directly related to health. This whole concept of 'MIND YOUR HEALTH' is an opportunity for Rotary to serve, create awareness and change lives. An opportunity for Rotary to

be the catalyst between people and professional service providers.

The late Martin Luther King Jr once said, *"Take the first step in faith. You don't have to see the whole staircase. Just take the first step."*

So, the "MIND YOUR HEALTH" movement will continue and grow – with a program of projects to increase our impact and expand our reach with synergized partnerships and engagements.

Rotarians will continue to address Mental Health Issues Head On. This is the first step.

Yours in Rotary,

Thaya Ponniah

Speaker from last meeting: Hugo Robinson

Hugo was introduced by Bradley Ayres who highlighted Hugo as example of "Job Mobility" having worked most recently, prior to his current position, in the Australian Parliament as Senior Adviser to the Office of Dr Fiona Martin MP and before that as Adviser to the Office of Trent Zimmerman MP.

Prior to that he was Media Manager at the NSW Minerals Council and worked as the Policy Officer at Clubs NSW for several years. He was Vice President and later President of the NSW Young Liberals Ryde Branch during 2019-2021. Hugo has a BA from the University of Sydney, graduating in 2016 so all the above was

achieved in 5 years. Hugo lives in Strathfield.

The Restaurant and Catering industry was the MOST impacted by Covid - 48,000 business were effectively closed causing serious regional and state-wide problems especially when considering that the industry makes up 90% of small businesses (Defines as <19 employees) The industries' turnover was \$35B Australia wide which dropped to \$10B almost as soon as Covid struck. The R&CIA was an important voice to government on behalf of the many individual members of the Association.

Restaurant and Catering is a highly regulated industry so that the R&CIA performs a very important function in representing the interests of thousands of businesses to state and federal governments. The industry covers 610,000 employees nationally and 200,000 in NSW.

The Association brings together policy and training issues and provides training such as RSA to members.

The R&CIA was formed in 1922 covers all states and territories in Australia. It has a single Australia wide CEO Mr Wes Lambert who came over from US but has settled in Australia. Hugo is based in Sydney and is responsible for policy and representations to government.

The most pressing current issue on their agenda is to re-open safely to avoid any further lockdowns.

The Covid pandemic has resulted notable changes to the industry. Many businesses were closed permanently and will never re-open. As noted, turnover fell by 75%. Before Covid, takeaway food represented 8% of sales which went to 100% (of a

much lower turnover) during lockdown but has now settled to 20-30% of sales. That looks like it is a permanent change as consumer habits have changed, customers have got used to taking meals home or home-delivery.

Current Issues for the R&CIA:

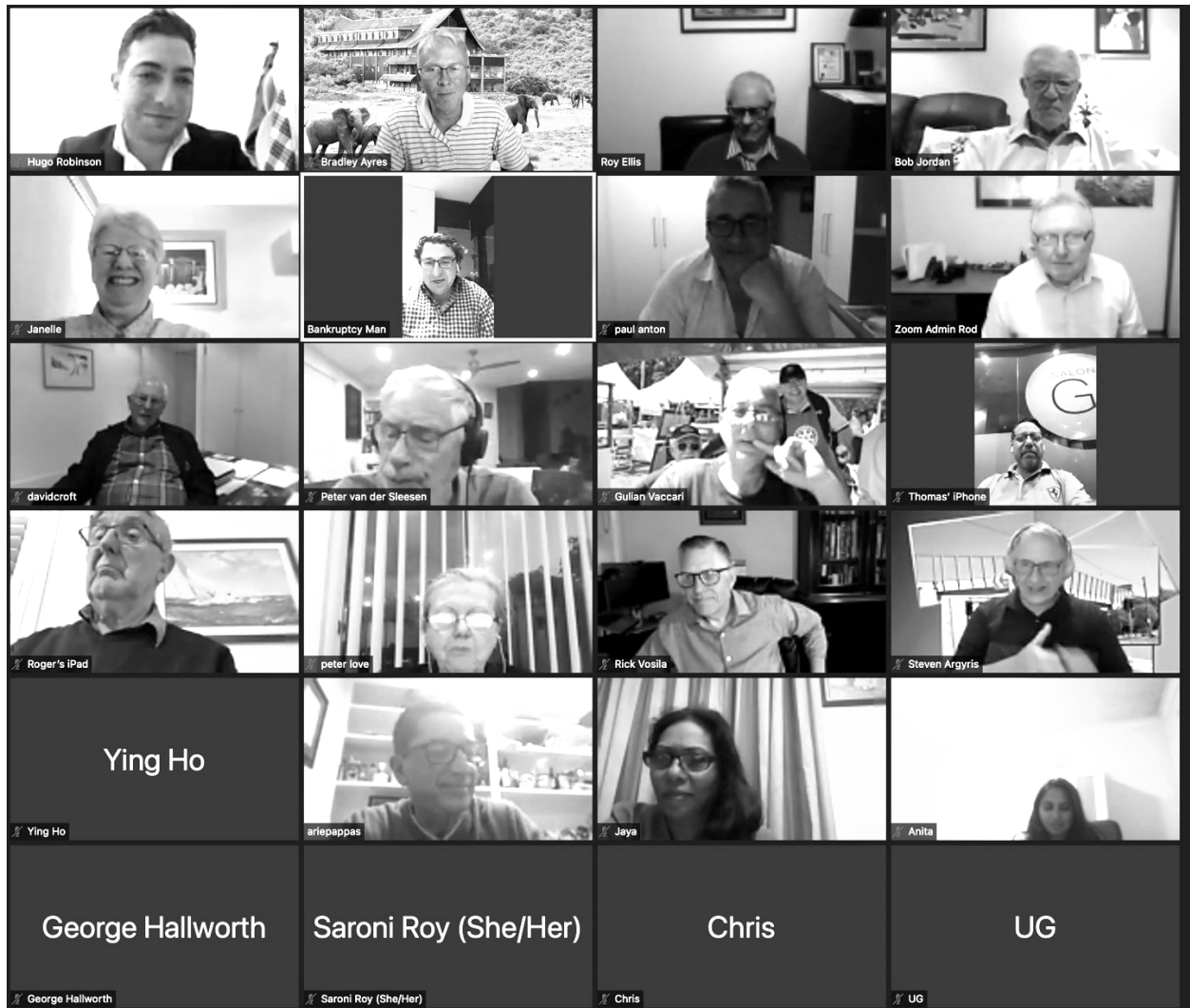
New policy initiatives are needed in regard to “Al Fresco” eating and “Take-away” which will involve government regulation changes to be successful.

The intrinsic “Small Business” nature of the industry make government administration and onerous tax requirements difficult to comply with.

Staff shortages due to closed borders are a serious impediment to re-opening. Prior to Covid, many staff were on 457 visas. In order to increase staff numbers, the Association is lobbying for 457 visas to have a more clearly defined path to Permanent Residency (PR).

The speaker was thanked by Peter van der Sleesen

Writeup by Peter van der Sleesen



Zoom rollup from 20-10-21

Speaker for this week: Keith Roffey

Keith became a Rotarian in 2001. Rotary



International attracted his attention after being invited to attend a meeting of the Rotary Club of Padstow – District 9675 and on becoming a member he realised a long-term goal to expand his interests outside of his industry whilst enjoying a shared social life with his wife Margaret.

Keith feels being a Rotarian is rewarding and gives a greater purpose as a citizen. He respects Rotary for its ideals and the greater focus on global humanitarian issues whilst still encouraging service to our local communities.

Beyond club responsibilities, Keith served as Governor of D9690 2012–2013, D9675 Polio Eradication sub-Committee Chair 2013–2015, D9675 Council on Resolutions & Council on Legislation Representative 2017–2020 and currently The District Rotary Foundation Chair D9675 2021–2024.

Beyond Club & District his responsibilities have been Committee Member Zones 7B & 8 Membership Development Plan, RI Assistant Coordinator Zone 8, Board member of Rotary Australia World Community Service (RAWCS) as National Manager of

the In-kind Donations Activities 2014–2021. Keith continues to manage HEERA (Health & Education Equipment Repurposing Activity) and MediShare, both national projects of RAWCS.

Club News from our District



The Rotary E-Club of Greater Sydney Invites you to meet **Rotary International President Nominee Gordon McNally** at the zoom meeting on Sunday 5th December 7:30 PM AEDT.

Please contact Secretary, Oscar Akparanta, to secure your spot and receive link information.

secretary@rotarygreatersydney.org

District News (repeated from previous bulletin)

Remember, you can always head over to:

<https://rotarydistrict9675.org/>

To see the latest information from our District.

District Conference – see you there



“Yes, now is the time to be thinking about all the joys of being out of lockdown and one of those is meeting up with your friends and colleagues at the District Conference in March 2022. This will be held at The Warwick Conference Centre in Warwick Farm (near Liverpool), and we have some great speakers lined up for you. Registrations are now open for ‘Very early-bird’ tickets. On 31 October prices will go up. Please note that non-Rotarian partners will always be able to come along at the very early bird price, so why not make a lovely weekend of it? Rotaractors, don’t delay. This is the cheapest price you will pay for your ticket!

Visit the District Website and find the District Conference tab. This will take you to the Registration, and Accommodation, links. More to come on speakers shortly. Just a taster though... Craig Reucassel (War on Waste) has just confirmed his availability. What a great match for our seventh area of focus! See you there...

Click here to register.

<https://www.trybooking.com/events/landing?eid=808939>

- Full registration Very Early Bird tickets are available between 19 September and 31 October 2021 at \$195pp or \$390 for a couple. (1 Rotarian plus a non-Rotarian)
- Full registration Early Bird tickets are available between 1 November 2021 and 16 January 2022 at \$235pp or \$430 for a couple. (1 Rotarian plus a non-Rotarian)
- Normal registration tickets are available between 17 January and 13 March 2022 at \$275pp or \$470 for a couple. (1 Rotarian plus a non-Rotarian)

At all times full registration tickets for Rotaractors will be \$20pp cheaper than the prices quoted above."

Shaping Rotary's Future

"2021 marks the centenary of Rotary's establishment in Australia, New Zealand and the Pacific countries, and the challenge is to secure our future. To do this, we need to ensure that Rotary remains relevant, contemporary and flexible.

At the recent Zone 8 Virtual Conference, Past RI President Barry Rassin announced that our Zone would be a pilot study for "Shaping Rotary's Future".

The Zone Pilot Strategy in Zone 8 (Australia / New Zealand / Pacific Islands / New Guinea & Timor Leste) will confirm the wider regionalisation structure for Rotary across the globe. The reason that Zone 8 was selected for this pilot is that we realised the need and moved towards a possible solution earlier than the other regions who are suggesting similar changes to Zone 8.

This Pilot Study will change the roles of District Governors and Assistant Governors where Governors will move to sectional Leadership roles Assistant Governors will have wider leadership roles for groups of 10 – 30 Clubs (yet to be determined), rather than just being a link to the District Governor. This will be a "change management" process through 2022-2024.

Should the pilot go ahead under the current timeline a fully functional Regional Council will be in place and operating from 1 July 2024. An interim council, managed by the currently elected District Governors Nominee will operate during the lead up to year (2023 – 2024) as part of their responsibilities at the time.

The Regional Council will be **an elected body** with members being in the position for 3 years. The Sectional Leadership Group will **be elected** and will be required for a 4-year term. This will be 2 years in preparation and 2 years as a full member.

Some current District administration, grant management, membership, dues collection, insurance, international reporting, media contact and national entity functions will be transferred to the regional level to release Districts from the current operations requiring the leadership attention.

Further detailed information will be provided to Clubs as we are advised.”

Reminder to Clubs 'Empowering Girls Survey'

“One of Rotary International President Shekar Mehta’s key initiatives is prioritizing projects that focus on improving the health, education, well-being, and economic security of girls across the globe. He is encouraging Rotary clubs and Rotary districts to empower women and girls in all of the service initiatives they undertake during the 2021-22 Rotary year.

DGE Janice Hall is the Ambassador for Empowering Women and Girls in D9675. She would like Clubs to complete the following survey so we can collate the successful and empowering projects that your club already sponsors. An email was

sent to Presidents and Secretaries on 21 September, so this is a reminder – see the link to the survey below.”

<https://forms.gle/1Dx1n8AwDnMxBBvz9>

Australian Rotary Health seeks members for Philanthropy Committee

“ARH is seeking to expand its support base so that they can fund even more research than is currently being undertaken. To do this they are seeking Rotarians who may be experienced in the field of philanthropy to join this committee.

If that’s you – follow the links below...
ARH Philanthropy Committee Invitation and ARH Role Description Philanthropic Foundations Fundraising.”

<https://rotarydistrict9675.org/documents/en-au/eb025f36-b2e7-4a12-8e32-37ac57022f03/1/>
<https://rotarydistrict9675.org/documents/en-au/876a849b-4cc3-4082-8264-805949e51e53/1/>

Dates for the Calendar



Rotary Events				
Day/Date	Event/speaker	To introduce	To thank + Speaker write-up	Venue
Wed 3rd Nov	Keith Roffey District Rotary Foundation Chair 2021 - 2024	Nick Hamilton Kane	Charles Pitt	Golf Club
Wed 10th Nov	Vimla Hayman Rotary Interplast	TBA	TBA	Zoom

Wed 17th Nov	Clare Pearson Little Wings Charity	TBA	TBA	Golf Club
Wed 24th Nov	Mark Anderson Rotary Foundation Major Donor	TBA	TBA	Zoom
Wed 1st Dec	AGM	-	-	Golf Club

<i>Birthdays</i>	
2nd November	Sharon Saad
7th November	Dimitry Chugg-Palmer

<i>Anniversaries</i>	
1st November	George Hallworth (Rotary)
1st November	Janelle Watson (Rotary)
5th November	Arie Pappas (Rotary)



The Rotary Statistics

Attendance last meeting (20-10-21) – Zoom	22
Club membership	50
Partners	0
Guests	2

<i>Funds raised</i>	
Raffle	n/a
Sergeant's session	Honesty system!

Your committee 2021-22

President	Thaya Ponniah	Secretary	Nick Hamilton-Kane
President Elect	Andrew Aravanis	Sergeant	Keith Byrn
Immediate Past President	Usha Garg	Treasurer	Rod McDougall
Youth	Ying Ho *	Community	Rick Vosila
International	Roy Ellis	Vocational	Alexey Prokopenko
Public Officer	Rod McDougall	Club Service	Arie Pappas

* Position was held by the late Peter Smith

Bulletin Editor	Bradley Ayres	Web master	Raymond McCluskie
Bulletin Printer	SelectPrint	Apologies	Peter van der Slessen
Social Media	Alexey Prokopenko	Programs Chair	Gulian Vaccari

Out and About: Lift the Lid on Mental Illness

Sunday 31st October

These & mother photos can be found at:

<https://www.flickr.com/gp/159392105@N08/KNsvb1>







Bulletin kindly printed by

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