



# Rotary

## Club of Strathfield



*Namaste*

## STRATHFIELD ROTARY BULLETIN

DISTRICT 9675  
28th October 2020

[www.strathfieldrotary.org.au](http://www.strathfieldrotary.org.au)

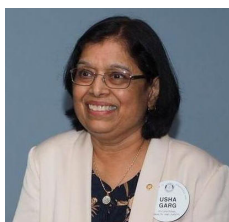
[info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)

<https://www.facebook.com/strathfieldrotary>

### *Rotary, United Nations and Australian Themes*

| <i>Month of October</i> |        |  |
|-------------------------|--------|--|
| -                       | Rotary | Economic and Community Development Month                         |
| <i>Weeks of October</i> |        |  |
| 24th - 30th Oct         | UN     | Disarmament Week   |
| <i>Days of Oct/Nov</i>  |        |  |
| 31st October            | UN     | World Cities Day   |
| 2nd November            | UN     | International Day to End Impunity for Crimes against Journalists |

### *President's Report*



**Usha Garg**  
*President*

This week, let us talk about our Rotary experience. But why?

Well, the past few weeks we have had numerous activities that kept many of us busy and on our toes. At times I was exhausted and so were the others. So I asked myself the question - why do we put in so much of ourselves into Rotary?

The pandemic has not made it easy, and for a time our club was effectively closed.

But it has not stopped us – and now, a few months later, we can see how the Rotary spirit and resilience has pulled us through.

We worked together to create this pattern of virtual and in-person meetings which has been a success in reaching out to most of us. Interesting and informative speakers have presented to us each week no matter the format of meeting. The raffle has continued albeit with an innovative twist. The sergeant has given us great mirth regardless of meeting location. We found the joy of sharing a drink and enjoying fellowship sitting 1.5m away and even while connecting through the screens. We have all kept in

touch and helped each other in good health and in sickness.

We teamed together for the BBQs to raise funds within the bounds of social distancing. We pulled out our best and funniest hats to have a laugh and raise awareness of mental illness. We bunched together in attractive red T-shirts at Strathfield station to contribute to the polio program. We have stretched and reached out to many international clubs. We have initiated the pilot study for our "School Vegetable Garden Project" special project. And we have kept our internal and public communication channels, abreast of all activities.

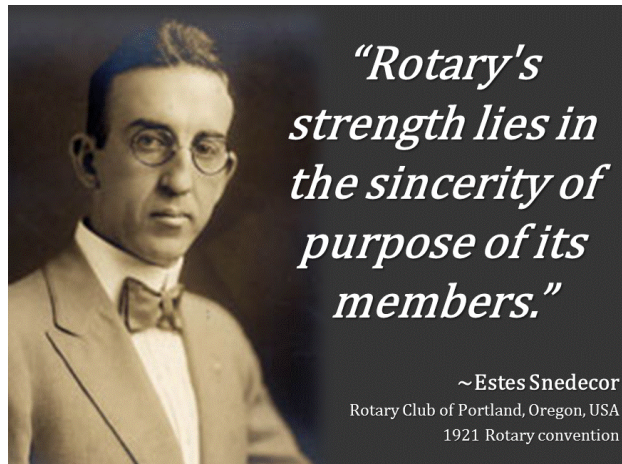
Now back to the question - why? You have probably guessed the answer.

This is why we like Rotary. This is why we like our club. This is why we like being a Rotarian. We like the service the activities, the meetings, the humour and the fellowship. We like it all. To all of you

I take this opportunity to say a big "Thank You".

But there is much more before the end of this year. Pride of Workmanship is coming up on the 25 November. And we will be inducting our newest member Ying Ho and our new honorary member, Dr Fiona Martin, Federal Member for Reid. The AGM will be held on 2 December

and many of you could be contemplating whether you should nominate for next year's board! And finally some real fun and frivolity at our Christmas party on Friday, the 11th of December at Nonna & Co.



This week we will hear from Dr. Neil Jeyasingam on "Batman and what he can teach Us about mental health". I must admit, I am totally ignorant but definitely curious as you may be too about this subject. Hope you and your friends will join us.

*Usha Garg*

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### *Speaker previous week: Geeth Geeganage*

Geeth Geeganage is a community ambassador for the NBN running information sessions to alert and advise on how to avoid being caught in a scam. Rotarians were provided with an overview of different types of scams that are happening now and how to protect yourself from said scams.

These include online shopping & classified advertising scams where

websites are set-up to make fraudulent sales or often using genuine websites and fraudulently advertising a product or service.

Phishing is a fraudulent attempt to gain personal & financial data; along with hacking and malware where malicious software can be unknowingly downloaded onto your laptop in order to record strokes on your keyboard and thus gain password and other personal details.

Dating & Romance scams are also quite common now.

The speaker said that scammers play on fear. They abuse trust, so try to verify who you are talking to and if in doubt always hang up the phone. It is a good idea to report scammers to your retail service provider.

IDCARE is the official website in Australia to which provides cyber support services. You can phone 1300 432 if you believe that your personal and financial details have been accessed

The NBN won't sell anything over the phone and they will never ask to access your pc remotely

During 2019 NBN scams cost individuals \$900,000 and businesses reported 5904 scams with losses totalling over \$5.3 million

In 2020 (Jan – Jun) there were 2337 reports of NBN impersonations with losses of \$320,624.

*Writeup by Janelle Watson*

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### *Speaker for this week: Neil Jeyasingam*

Dr Jeyasingam is a general adult and old age psychiatrist, psychotherapist, and psychodynamic psychotherapy supervisor.

A former research scholar of the Institute of Psychiatry (Sydney) and Institute of Psychiatry (UK), he obtained his medical degree and psychiatry training in Sydney, then proceeded to have advanced training at the Maudsley in London. He holds a

double masters in Psychiatry and Business (Health Administration), and has published in phenomenology and personality disorders in the elderly. He is an associate member of SCAPE (Society of Counselling and Psychotherapy Educators), and a Clinical Lecturer with Sydney University.

[ref:  
<https://www.healthshare.com.au/profile/professional/157941-dr-neil-jeyasingam/#overview>]

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### *Reports from Directors*



**Dimitry Palmer**  
*Secretary*

#### **Rotary Club of Cronulla High Tea**

The Rotary Club of Cronulla would like to invite members of Strathfield Rotary to their Fiji High Tea being held at 12.30pm

on Saturday 14 November 2020 at the Cronulla RSL, Cronulla.

For the past five years, Cronulla Rotary Club has been assisting Yasuvania Village in Fiji. Their main focus has been providing basic medical supplies and services to the village and surrounding areas. They are now raising additional funds to help build a standalone medical treatment room.

There is limited seating and COVID strict restrictions will be in place. For ticket sales please click on the link:  
<https://www.trybooking.com/BLXGU>

Any questions please contact Carol Denison (Cronulla Rotary Club Secretary) 0402072270  
[downunder.denison32@gmail.com](mailto:downunder.denison32@gmail.com)

### **Five Dock Rotary Club Annual Charity Golf Day**

The Rotary Club of Five Dock Inc invites all Rotarians and Friends to the 15th Annual Charity Golf Day on Thursday 19th November 2020 at Ryde Parramatta Golf Club. Beneficiaries will be projects of RC Five Dock including Concord Cancer Centre, ARH, Detour House, Sailability Australia and Shelter Box. Please see the attachment for more information and booking details.

For more information please contact Peter Komander on 0403 989 730



### **Strathfield Rotary Carollers**

Last Saturday, a small group of Strathfield Rotarians had the chance to participate in filming a Christmas message as part of Strathfield Council's annual Christmas video production. The team sang, 'We wish you a Merry Christmas' with a bit of a Rotary spin! The video will be released closer to Christmas via Strathfield Council's E-Newsletter. If you're lucky, you may get to hear a rendition at our club's Christmas party

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## *District News*

### **1) Climate & Peace Forum**

This is to invite you to the second Webinar - on 10th November - in a 'Climate & Peace Forum' series initiated by Rotary clubs in Sydney (CBD) and supported by Clubs and members including Corrimal, Wollongong and Iron Cove. Importantly, it is being shared outside Rotary, around Australia and beyond. There is a very impressive speaker list including Simon McKeon AO, Lucinda Corrigan and Greg Mullins AO.

In the spirit of RI's new Environmental Area of Focus, it is our effort to be relevant, contemporary and to attract

new members across generations. You can register via  
[www.climateandpeace.com.au](http://www.climateandpeace.com.au)  
and please invite others to join in. Please see the attachment for more details.

My Regards,

DGN Jeremy Wright  
e: [jeremyw@optusnet.com.au](mailto:jeremyw@optusnet.com.au)  
m: 0412 239 531

### **2) Save The Date**

Exciting news of a new club in D9675 named the Rotary Passport Club of Sylvania Waters. They are almost ready to charter and will be holding a gala dinner



12 February 2021. Please save the date and stayed tuned for further details. It would be a great occasion to have a representative from every club to welcome the newest Rotarians to the Rotary family. Please contact Barry for more information.

PDG Barry Antees  
Mobile 0413 880 267

### **3) Council on Resolutions**

The Council on Resolutions is upon us and to assist me in voting at the Council on Resolutions I would appreciate comments from your Club in regard to the proposed Resolutions. There is also one proposed urgent enactment.

I have attached a copy of the urgent enactment and the proposed resolutions for your Club to consider and to respond to me with your brief comments and voting preference. If you have any questions please do not hesitate in to contact me.

Your Clubs response by 6th November 2020 please.

Regards

PDG Graham Wilson. District Council Representative 2020-2023

m: 0402 409 809  
e: graham@ghwilson.id.au

### **4) District Conference**

This year has been strange, confronting and challenging, but interesting, in that we have been pushed into doing things differently and suddenly becoming flexible and innovative. Who would have thought it?!

There is however one thing that won't change in this Rotary year, and that is our District Conference. Yes, we are planning on holding a wonderful conference on

19/21 March 2021. We are also planning on a Face to Face format and will only change this if COVID restrictions force us to do so. (We have contingency plans in place in case we have to go to a virtual format). The Sydney Masonic Centre is an iconic venue with great facilities. How convenient to have a CBD location which everyone can get to by train and will meet COVID requirements. City hotels are numerous and close- by. Why not make a weekend of it with a CBD overnight stay?

We have a great line up of speakers which will be announced in the coming weeks. Watch out for details...

In the meantime, now is the time to take advantage of the 'very early bird' registration which expires on 31 October. After that, prices go up.

#### **Full registration**

Very Early Bird tickets are available until 31 October at \$195pp, then Early Bird tickets are available between 1 November and 15 January 2021 at \$235pp. After that full registration tickets will be \$275pp.

At all times full registration tickets for Rotaractors will be \$20pp cheaper than these quoted prices.

Please go to the District website by clicking on this link to register.

<https://rotarydistrict9675.org/page/district-conference-2021>

Thank you to all those who have registered. Looking forward to seeing you in March to focus on how 'Rotary Opens Opportunities'.

Regards

DG Warwick Richardson

m: 0418 978 555  
and PDG Sue Hayward,  
(District Conference Chair)  
m: 0439 550 976

**5) The Rotary Club of Five Dock Inc** invites all Rotarians and Friends to the 15th Annual Charity Golf Day on Thursday 19th November 2020 at Ryde Parramatta Golf Club. Beneficiaries will be projects of RC Five Dock including Concord Cancer Centre, ARH, Detour House, Sailability Australia and Shelter Box. Please see the attachment for more information and booking details.

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**6) Polio Update from Ride the Train**  
Yesterday 23rd October was D9675 Ride the Train for Polio. Mark Anderson, from

RI Regional Office, Dave Anderson his son, and Jo Perrin from RC Camden, rode the trains from 4. 33am at Cronulla to Tallawong at 22.04pm. Other Rotarians and the DG team joined at other stations. Many Rotarians met the train at the station with cheques large and small, but with great friendship and much camaraderie. Similar train rides, including Brisbane, Perth, and Christchurch were also held yesterday. Watch this space for further information and future details.

Kindest regards

Janice M Hall  
District Governor Nominee/District Secretary 9675  
m: 0402401850  
e: janicehall@fastmail.com.au

## Dates for the Calendar



| <i>Rotary Events</i> |  |                     |                                    |                           |
|----------------------|--|---------------------|------------------------------------|---------------------------|
| <i>Day/Date</i>      | <i>Event/speaker</i>   | <i>To introduce</i> | <i>To thank + Speaker write-up</i> | <i>Venue</i>              |
| Wed 28th Oct         | <b>Dr Neil Jeyasingam</b><br>Batman and what he teaches us about mental health | Roy Ellis           | Joe Saad                           | Strathfield Events Centre |
| Wed 4th Nov          | <b>Shannon Chin</b><br>Cognitive health & well-being                           | Trudy Ho            | Janelle Watson                     | Zoom                      |
| Wed 11th Nov         | <b>Rafaele Jourdy</b><br>Sound Therapy for ear & brain vitality                | tba                 | Janelle Watson                     | Strathfield Events Centre |
| Wed 18th Nov         | <b>Dr Janette Vardy</b><br>Sydney Cancer Survivorship Centre                   | Peter Smith         | tba                                | Zoom                      |
| Wed 25th Nov         | <b>Pride of Workmanship</b>  | -                   | -                                  | Strathfield Events Centre |

|              |                        |   |   |                           |
|--------------|------------------------|---|---|---------------------------|
| Wed 2nd Dec  | <b>AGM</b>             | - | - | Strathfield Events Centre |
| Fri 11th Dec | <b>Christmas party</b> | - | - | Strathfield Events Centre |

| <i>Birthdays</i> |             |
|------------------|-------------|
| 2nd November     | Sharon Saad |

| <i>Anniversaries</i> |                                   |
|----------------------|-----------------------------------|
| 1st November         | Nick and Vicki Nicolaou (wedding) |
| 1st November         | George Hallworth (Rotary)         |
| 1st November         | Janelle Watson (Rotary)           |

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## *The Rotary Statistics*

|                                           |           |
|-------------------------------------------|-----------|
| Attendance last meeting (21-10-20) – Zoom | 21        |
| Club membership                           | <b>44</b> |
| Partners                                  | 0         |
| Guests                                    | 2         |

| <i>Funds raised</i>         |          |
|-----------------------------|----------|
| Raffle (pre-payment system) | -        |
| Sergeant's session          | -        |
| Heads and tails             | Not held |

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## *Your Committee 2020-21*

|                          |               |              |                    |
|--------------------------|---------------|--------------|--------------------|
| President                | Usha Garg     | Secretary    | Dimitry Palmer     |
| President Elect          | tba           | Sergeant     | Nick Hamilton-Kane |
| Immediate Past President | Arie Pappas   | Treasurer    | Rod McDougall      |
| Youth                    | Peter Smith   | Community    | Allan Teale        |
| International            | Thaya Ponniah | Vocational   | Janice Barrett     |
| Public Officer           | Rod McDougall | Club Service | Alexey Prokopenko  |

|                  |                   |            |                   |
|------------------|-------------------|------------|-------------------|
| Bulletin Editor  | Bradley Ayres     | Web master | Raymond McCluskie |
| Bulletin Printer | Selectprint       | Apologies  | Gulian Vaccari    |
| Facebook master  | Raymond McCluskie |            |                   |

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Last week's Zoom meeting (and who is the 'mystery' person third row from the top on the left?)

## *Out and About: Train Ride to end Polio*



Photo by Rod McDougall

Bulletin kindly printed by



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