



# Rotary

## Club of Strathfield



*Namaste*

## STRATHFIELD ROTARY BULLETIN

DISTRICT 9675  
3rd March 2021

[www.strathfielddotary.org.au](http://www.strathfielddotary.org.au)

[info@strathfielddotary.org.au](mailto:info@strathfielddotary.org.au)

<https://www.facebook.com/strathfielddotary>

### *Rotary, United Nations and Australian Themes*

<i>Year 2021</i>		
-	UN	International Year of Peace and Trust
-	UN	International Year of Creative Economy for Sustainable Development
-	UN	International Year of Fruits and Vegetables
-	UN	International Year for the Elimination of Child Labour
<i>Month of March</i>		
-	Rotary	<b>Water and Sanitation Month</b>
<i>Weeks of March</i>		
6th-14th March	Aust	Sea Week
6th-14th March	Aust	Parks Week
7th-13th March	Aust	National Groundwater Awareness Week
8th-14th March	Rotary	World Rotaract Week
8th-14th March	Aust	Sustainable Seafood Week
<i>Days of March</i>		
2nd March	Aust	Business Clean Up Day
3rd March	UN	World Wildlife Day
5th March	Aust	Youth and Schools Clean Up Day
7th March	Aust	Clean Up Australia Day
8th March	UN	International Women's Day

### *President's Report*



**Usha Garg**  
*President*

***"Act as if what you do makes a difference. It does."***

William James, (1842-1910) "Father of American Psychology"

Yes, we understand the value of these words well and always aim to make a

difference with what we do. Let us talk about Polio today.

This year, on 25th February, Rotary presented the United Nations and its agencies, the WHO and UNICEF, with its highest recognition: The Rotary Award of Honour. The Rotary Award was established in 1990 to be given to the heads of State and other dignitaries who have made a significant contribution to the international understanding and goodwill.

Receiving the award on behalf of the WHO, Director-General Dr. Tedros tweeted, "Very humbled to receive the Rotary Award of Honour. The world is on the cusp of an historic victory over polio due to the remarkable perseverance of Rotary & other partners, along with communities. Together we will travel the last mile to End Polio". And RI tweeted in reply "Thank you to @DrTedros for accepting the Rotary Award of Honor on behalf of WHO! Our partnership will continue to help to fight polio and support Mothers' and Children's health worldwide."

Lessons learned from Polio programs are now assisting efforts to control COVID19 worldwide. An informative article

debunking myths related to vaccines by Rotarian Dr. Pavithra makes good reading. (<https://on.rotary.org/3tyt3h4>).

D9675 Conference is coming up on 19-21st March at Sydney Masonic Conference and Function Centre, 66 Goulburn St Sydney. Booking details are on the District website. There is an urgent call for Volunteers at the Conference. If interested, you can register as a volunteer (for \$75) for one or more shifts. Volunteers are needed to meet Covid19 requirements, to ensure that social distancing is maintained. For questions, please contact Cathy Mason on 0413 447 184.

MUNA is back in 2021 and will be held at the NSW Parliament House with reduced numbers due to COVID19. RYPEN also returns and will be held on 7-9 May. Police Officer of the Year will return on the 5th of November 2021.

District AGM was held on Friday, 26th February followed by the Presidents meeting. PDG Di North presented her detailed report, a copy of which will be available to members. Also DG Warwick and DG-e Jeremy presented informative talks on the current and the coming year. Nominations for the District Governor

Nominating Sub Committee were confirmed as follows: Region 1 - Oscar Jones RC Iron Cove; Region 2 - John Hislop RC Holroyd; and Region 3 - Julie Collareda RC Dapto.

Thanks from all of us to President-elect Thaya Ponniah for the beautiful surprise Rotary's 116th Birthday Cake. Fancy singing a birthday song for Rotary, yes we did it!



A special thanks to our Program Manager, Rtn Janelle Watson for continuously presenting a broad range of guest speakers on meaningful topics, by no means an easy feat. Club members are enjoying the talks and the feedback is very appreciative.

International Women's Day celebration is coming up on Wednesday 10th March and preparations are in full swing. We are privileged to have Ms. Lisa Moloney, Principal of MLC Burwood as our keynote speaker for the evening. We will also have an opportunity to hear from our Local Parliamentary members and Rotary District leaders. I hope by the time this bulletin reaches you, you have made the bookings. Seats are disappearing fast and for those who have not booked, registrations can be made using the Humanitix link on the flyer available on our webpage.

Graffiti Removal action comes up on 28th March. As it happens every year, PP Peter Smith will be co-ordinating the event with many Interactors expected to participate. Director Jan Barrett is planning for Anzac Day Service on Sunday, 25th April accompanied by a delightful breakfast, a rare morning meeting for us.

Strathfield Youth Awards have been scheduled tentatively for the evening of

7th May at Strathfield Town Hall. More details will be available soon.

Our grand 50th Anniversary Dinner and Celebration date is now confirmed for 29th May this year. A great day for our Rotarians to catch up with the members they have not heard from for some time. In keeping with this theme, Strathfield Council has now permitted us to put our 50th Anniversary outdoor banners at strategic locations in Strathfield. However, we need more sponsors to complete the banners. Thanks to Rtn Roy Ellis for offering to be the first sponsor.

Last week we had the privilege of hearing from George SIOPIS, Founder & CEO, Nutigenius on the "The importance of physical activity and overall fitness to reduce the risk of adverse COVID-19 outcomes".

This week, we will have a chance to catch-up with our own Rotarian Ed Dunlop who has been very busy with his studies and career and has missed out on the meetings for a long time.

Look forward to our meeting.

*Usha Garg*

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### *Speaker from last week: George Siopis*

George Siopis is a decorated Molecular Biologist, Biochemist, Neuroscientist, Nutritionist and Clinical Dietitian.

In 2012 he founded NutriGenius®, a leading education provider and consulting company in the fields of Preventive Medicine, Nutrition, Nutrigenomics, Nutriepigenetics, Public

Health and Fitness, that provides cutting-edge solutions to health professionals and the public.

George Siopis has conducted research and published in the fields of obesity, diabetes, epidemiology, virology, stem cell biology, molecular biophysics and chronobiology. There is a long list of

published research. A recent article in the “Journal of Science & Medicine in Sport” discusses the importance of fitness and physical activity particularly amidst the COVID-19 pandemic.

Risk factors include overweight, hypertension, Diabetes and respiratory illnesses. There is an obesity pandemic throughout the world.

George’s message is the importance of physical activity for good health.

For more information -  
<http://georgesioapis.com/>

Guest speaker George Siopis was recommended by Rotarian Ying Ho.

*Write-up by Janelle Watson*



George Siopis, with Rotarians Ying, Usha and Arie

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### *Speaker for this week: Rotarian Ed Dunlop*

Ed Dunlop has had a busy twelve months:

- a change of career
- completion of his study program
- home schooling his young children during 2020
- and his partner on the frontline doing COVID testing.



## Reports from Directors



**Rod McDougal**  
*Treasurer*

“Fellows,

Registrations for our International Women's Day dinner will close Friday 5 March 2021.

Many thanks to those who have already registered (especially one member, who has booked a table!).

Please invite friends and colleagues. Links to flyers and to registration options may be found below.

This will be a great night for which committee chair, Ying Ho, has planned some special surprises. It will feature our keynote speaker Burwood MLC Principal Lisa Moloney. We are anticipating that Jodie McKay MP will join us.

Flyer

Screen format:

[www.strathfieldrotary.org.au/sre/210310/10/iwd.htm](http://www.strathfieldrotary.org.au/sre/210310/10/iwd.htm)

Print format:

[www.strathfieldrotary.org.au/sre/210310/20/strathfieldrotary.pdf](http://www.strathfieldrotary.org.au/sre/210310/20/strathfieldrotary.pdf)

### *Registration Options*

1) By Humanitix Ticketing (preferred)

Click <https://events.humanitix.com/wd>

2) By Electronic Funds Transfer

BSB 633000 Account 146249156

Quote last name and “IWD”

Please confirm with email to [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)

Include guest names, any special dietary requirements

3) By Credit Card

Please contact Rod McDougall 0416 163 090 and have your MasterCard or Visa credit card handy.”

[See details on Pages 11 and 12 – Ed]

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**Peter Smith**  
*Youth Service Director*

“1) HBHS Interact Club

Volunteer Certificates were issued to several Interactors at the school assembly on Tuesday 23

The lads will be having their annual World's Greatest Shave, in support of the Leukaemia Foundation on 11 March. Last year they raised in excess \$1,000. This year their funds will be boosted by a bucket collection at the previous 2 Concord Rotary Markets.

2) RYPEN will be held on 7, 8 and May at Camden,

3) The Youth Awards were booked for Friday 7 May - but because of RYPEN starting of 7/5/21 the Awards have been moved to Wednesday 5 May

4) Please also mark your diaries for the following events:

Graffiti Removal Day 28 March

Red Shield Appeal - 30 May.”

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**Janice Barrett**  
*Vocational Service Director*

***Save the date!***

**ANZAC DAY**

Our Club is having a brunch at Strathfield Golf Club on Sunday, 25th April to commemorate Anzac Day. The Service

will commence at approximately 9.00 a.m. Cost will be \$30.00 per person.

A raffle will be held with the proceeds going to a group associated with Open Arms – Veterans & Families Counselling which assists veterans returning with PTSD. You may remember last year's Anzac Day Service and this is another opportunity to honour our veterans.

If you would like to donate a prize for the raffle, could you please contact me. Many thanks.

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*District News*

Dear Rotarian

NB At D9675 AGM held Friday 26th February 2021, the nominations for the District Governor Nominating Sub Committee were confirmed.

Region 1 Oscar Jones RC Iron Cove  
Region 2 John Hislop RC Holroyd  
Region 3 Julie Collareda RC Dapto

**1) Rotary Conference Volunteers**

Volunteers are urgently needed at the upcoming Rotary District Conference on Friday 19 – Sunday 21 March

If you can help us with one or more shifts DG Warwick would be very appreciative! If you are not registered to attend the conference you can register as a volunteer for \$75.00!

Please note: Extra volunteers are needed to meet Covid19 requirements, to ensure that social distancing is always maintained.

Please see the schedule by clicking the link:

<https://signupschedule.com/rotaryd9675>

Did you know that we are going to have Polly, the Iron Lung on display at the District Conference? (See more detail in item 6 below). What a great opportunity to see one up close!

Apart from an amazing range of speakers, (see attachment) many Rotary Projects and Programs will also be showcased! Saturday night will be an opportunity to dust off your formal attire and enjoy a sumptuous dinner with friends!

Find out more at

<https://rotarydistrict9675.org/page/district-conference-2021>

If you have any questions about volunteering, please contact Cathy Mason on 0413 447 184 or

[cathy.mason.rotary@gmail.com](mailto:cathy.mason.rotary@gmail.com)

**2) New Generations MUNA and RYPEN**

MUNA is back in 2021 at Parliament House Sydney on 29th May.

As it will be a COVID safe event and we are following Parliament House directives the numbers will be significantly limited. To avoid disappointment and ensure your school's place at this event you will need to approach your contact at the school explaining that as this is a COVID safe event, numbers are limited.

Unfortunately, it will be first in best dressed.

They will have to confirm their willingness to attend by no later than the 31st March. (This is a confirmation only of attendance). Please pass this confirmation on to the MUNA committee ASAP so we can inform Parliament House. Once your school has confirmed, their official nomination form can be submitted to the MUNA committee. Remember the final closing date is the 23rd April. NO nominations will be accepted after this date.

For further information and contact details of committee please refer to the District website or contact Narelle Wilson [n.v.wilson@bigpond.com](mailto:n.v.wilson@bigpond.com)

RYPEN will also return and be held on 7 - 9 May and is open for registration and the current application form is attached. Please visit the district website link <https://rotarydistrict9675.org/page/rypen>

Contact Mark Tanner Chair RYPEN Rotary District 9675 m: 0418 226 177 e: [marktanner@sound.com.au](mailto:marktanner@sound.com.au)

### **3) Social Media Update**

With recent developments in the world of social media, It is vital for organisations, including Rotary Clubs, to consider having a Plan B and to stop promoting a "connect to us through Facebook" option and instead nominate a direct website link. This article from The Australian may be useful

<https://www.theaustralian.com.au/business/technology/facebook-whats-the-alternative/news-story/427ae650027c8e321c2217fec0d98f80>

Please call Tony Benner for more information m: 0407 366 140

### **4) Dress For Success**

The Rotary Club of Macarthur Sunrise is combining with the Rotary Club of Gregory Hills Next Gen to organise a fundraising event for the Charity 'Dress for Success Sydney' on Saturday 6th March 2021. This event is a fashion sale at Wests Leagues Club at Leumeah, where there will be new and preloved (but very good quality) clothing, shoes, handbags and jewellery. Please see the attached advertising flyer, and feel free to share it with local press, newsletters and social media. If you need any further information please don't hesitate to contact Sharon Cook, President Elect, RC Macarthur Sunrise, m: 0408 263 328

### **5) Police Officer Of The Year**

Please save the date for this highly successful event hosted by the Rotary Clubs of NSW, NSW Police and NSW Government. This will be the 11th year that it has held and hosted by the RC Sydney. It will be held at the Hyatt Regency, Sydney on Friday 5th November 2021.

### **6) Polly (The Iron Lung) Is With Us!**

As Rotarians, all of you know how important the final push to eradicate Polio is, to us. Thanks to the efforts of President Paula Jesse (RC Parramatta) we have been lucky enough to have acquired 'Polly' our very own Iron Lung, on loan for a few months. Polly is on a nationwide tour and is available for any club to borrow for promotional purposes.

Can you imagine the fascination for members of the public in seeing an Iron Lung? The mechanism that kept some Polio survivors alive for years! Polly is being stored under cover and can be towed to any location.

Please contact Paula on 0417 123 464 or email her on [pjesse@live.com.au](mailto:pjesse@live.com.au) to book Polly for your events, such as Bunnings BBQs, Fairs and Markets.

### **7) D9675 Conference 2021 – 19/20/21 March.**

Thank you to the many Rotarians in our District who have already registered for the Conference. We are in for a real treat, with a fantastic range of speakers and topics. I am attaching a list of the keynote speakers to this newsletter for your information. These will be highlighted by shining examples of Rotary spotlights. From the start of our speaker programme on Saturday morning with James Muecke (2020 Australian of The Year) to the last Keynote Speaker John Brogden (ex NSW Premier and now CEO of Lifeline) on Sunday, you will be thrilled and inspired!

Our three Friday workshops start at 2pm and cover such topics as:

- Avoiding disaster
- Get to know your district
- Grow or die!

COVID restrictions are being relaxed so there is no limit to the numbers we can register. The Grand Lodge at the Sydney Masonic Centre can take 600 people so we will be able to spread ourselves out as much as we like. We will be able to have our usual cocktail part on Friday night and will be able to dance the night away at the gala Dinner on Saturday. Our showcase will highlight all kinds of projects that you might wish to follow up. We all missed the fabulous F2F Conference that was planned for last year

and feel lucky that 12 months on, we are in such a fortunate situation in Australia. But it's not only the speakers, but also the fellowship that makes a good conference. Bookings tell me that we are looking forward to being able to get together for our annual gathering this year to enjoy all aspects of this event.

Go to <https://rotarydistrict9675.org/> to register. If you wish to stay in the city, there is a great accommodation package available at Rydges World Square. Please register without delay as we are getting close to the event. See you soon...

PDG Sue Hayward JP  
District 9675 Conference 2021 Chair.

### **8) PETS (President Elect Training Seminar)**

This will be held on Saturday 27th March and will be a Face to Face event. The venue at Canada Bay Club in Five Dock, is still being finalised to ensure all COVID requirements are met and to ensure everyone's safety.

NB Please ensure you update ClubRunner, on the D 9675 website, with the details of the President, Secretary and Treasurer for DGE Jeremy Wright to ensure you get the latest information. Even if some of your office bearers are remaining in the position, their details must be updated to 2021-2022 for Jeremy to contact them.

Warmest regards

Janice M Hall  
District Governor      Nominee/District  
Secretary 9675  
m: 0402401850  
e: [janicehall@fastmail.com.au](mailto:janicehall@fastmail.com.au)



## *RI News*

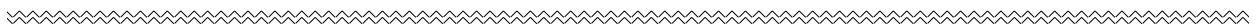
### ***Policy Changes at rotary International***

To better support the growth of global grants, The Rotary Foundation Trustees recently approved policy changes to help balance financial resources with program demands. These changes will take effect 1 July 2021.

1. District Designated Fund (DDF) contributions transferred to PolioPlus will be matched at 50% instead of 100% by the World Fund before being matched by the Bill & Melinda Gates Foundation. The Gates Foundation will continue matching 2-to-1 every dollar that Rotary commits to polio eradication, up to \$50 million per year.
2. The World Fund match of DDF will be reduced from 100% to 80% when being used for global grants. For 2020-21, as long as funds remain available, DDF will continue to be matched at 100% as long as applications are submitted by 31 May and approved by 30 June. Applications that are not approved this Rotary year will need to be resubmitted with adjusted financing.
3. Five percent of the current year's Annual Fund-SHARE contributions will be

take equally from the World Fund and DDF to help fund operating expenses. Currently, a \$100 Annual Fund-SHARE contribution is divided as \$50 for DDF, \$45 for the World Fund, and \$5 for operating expenses. Starting 1 July 2021, a \$100 contribution will be divided \$47.50 to DDF, \$47.50 to the World Fund, and \$5 to operating expenses. As shown by the Foundation's reviews from several independent charity ratings, our stewardship of contributions has made The Rotary Foundation one of the most highly rated and effective nonprofits. We received a four-star rating from Charity Navigator for 13 straight years.

4. The ability to roll over unused DDF will be limited to five years. Districts are encouraged to fully use their DDF to make a positive impact through our programs, but the amount of DDF rollover remains high — on 1 July 2020, \$48.8 million was carried into the current Rotary year. At the end of each Rotary year, starting 1 July 2026, DDF that has been held for more than five years will be applied at the district's discretion to PolioPlus, areas of focus Endowment funds, Rotary Peace Centers, the Endowment Fund, the Disaster Response Fund, or the World Fund.



## Dates for the Calendar



<i>Rotary Events</i>				
<i>Day/Date</i>	<i>Event/speaker</i>	<i>To introduce</i>	<i>To thank + <b>Speaker</b> write-up</i>	<i>Venue</i>
Wed 3rd Mar	<b>Ed Dunlop</b> "Rotarian job talk"	Usha Garg	Janelle Watson	Zoom
Wed 10th Mar	<b>Lisa Moloney</b> Principal MLC School, Burwood "Women in Leadership"	-	-	Golf Club
Wed 17th Mar	<b>Peter Marzec &amp; Alexey Prokopenko</b> "The Magic behind bringing Technology and Processes together"	Alexey Prokopenko	Janelle Watson & Alexey Prokopenko	Zoom
Wed 24th Mar	<b>Julian Day</b> Founder & CEO Consensus Group "Predicting the future – Consensus Awards"	Janelle Watson	Janelle Watson	Golf Club
Sun 28th Mar	<b>Graffiti Clean-up Day</b>	-	-	tba
Wed 31st Mar	<b>Narelle Brown</b> Community Engagement Officer Energy & Water Ombudsman NSW "Role of the Energy & Water Ombudsman"	Janelle Watson	tba	Zoom
Sun 25th April	<b>Anzac Day Celebration Brunch</b>	Jan Barrett	-	Golf Club
Sat 29th May	<b>50th anniversary of the Rotary Club of Strathfield</b>	-	-	Golf Club

<i>Birthdays</i>	
7th March	Christopher Virgona
8th March	Kate Teale
8th March	Usha Garg
8th March	Kim Dunlop

<i>Anniversaries</i>	
7th March	Nick and Helen Hamilton-Kane (Wedding)
7th March	Dimitry Palmer (Rotary)
8th March	Christopher Haseldine (Strathfield Rotary)
9th March	Andrew and Danielle Aravanis (Wedding)
10th March	Bradley and Cheryl Ayres (Wedding)



## *The Rotary Statistics*

Attendance last meeting (24-02-21) – Gold Club	20
Club membership	<b>44</b>
Partners	0
Guests	3

<i>Funds raised</i>	
Raffle	\$195.00
Sergeant's session	\$75.20

## *Your Committee 2020-21*

President	Usha Garg	Secretary	Dimitry Palmer
President Elect	Thaya Ponniah	Sergeant	Nick Hamilton-Kane
Immediate Past President	Arie Pappas	Treasurer	Rod McDougall
Youth	Peter Smith	Community	Allan Teale
International	Thaya Ponniah	Vocational	Janice Barrett
Public Officer	Rod McDougall	Club Service	Alexey Prokopenko

Bulletin Editor	Bradley Ayres	Web master	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari
Facebook master	Raymond McCluskie		

## *International Women's Day - Guest speaker, Lisa Moloney*

Ms Lisa Moloney is a strong and compassionate educator, with exceptional experience from over 30 years in education in Australia and internationally.

Ms Moloney holds a Bachelor of Education in Environmental Science, a Graduate Diploma in Music Education and a Master's degree in Educational Leadership. She has recently completed advanced

studies through the Harvard Graduate School of Education.




Ms Moloney began as a Geography and Science teacher. She spent time in USA working at COSI, which is one of the country's leading science museums, before returning to Australia to take on educational leadership positions.

Prior to her appointment as Principal of MLC School, Ms Moloney was Principal of St Paul's Anglican Grammar School in Victoria, and before that she was Deputy Principal, Head of High School and Director of Strategic Planning at Radford College in Canberra.

Under Ms Moloney's leadership, MLC School was named No.1 IB School in Australia and Top 50 Global IB School in 2020.

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**Rotary**  *International Women's Day* 2021

**Partners and Guests Welcome**

**Strathfield Rotary Dinner**

**Celebrating the Contribution of Women in Our Community**

**Women in Leadership**  
Keynote Speaker  
**Ms Lisa Moloney**  
Principal of MLC School, Burwood

Wednesday 10 March 2021 6:30 for 7:00 pm  
Strathfield Golf Club Event Centre  
Dinner \$50.00 per person (children under 12 \$25.00)  
Delicious three course meal  
Cash bar  
Dress Smart Casual  
COVID-19 safe environment

**REGISTRATION**

1) **By Humanitix Ticketing** (preferred)  
<https://events.humanitix.com/wd>

2) **By Electronic Funds Transfer**  
BSB 633000 Account 146249156 **Quote last name and "IWD"**  
Confirm with email to [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)  
Please include guest names, any special dietary requirements

3) **By Cheque or Cash** (at a club meeting prior to event)

**ENQUIRIES** [info@strathfieldrotary.org.au](mailto:info@strathfieldrotary.org.au)

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