



Weekly Bulletin



SERVICE Above Self

The Rotary Club of Strathfield

PRESIDENT

George Hallworth

Edition Number: **46**

Wednesday

14th June 2006

Website:

<http://www.rotarnet.com.au/strathfield>

JUNE IS ROTARY FELLOWSHIP MONTH

President George's Chit Chat

So now we know how to avoid having a stroke or at least minimizing the chances. Michelle Sharkey certainly knew her subject in last weeks talk and was able to impart her knowledge in layman's terms. It seems we need less stress for whatever it is that ails us. Every President lives in hope of having a good year. An all round successful year. I think the fellowship aspect of Rotary life in Strathfield this year has been as good as ever though I was beginning to think that fundraising might be lagging just a little bit. However last Wednesday Treasurer Bob gave me the figures to the end of May showing that we had donated just on \$46,000 to worthy causes. While that is a long way from being a record amount it is still well over \$900 that we have given away each week, so perhaps it wasn't all that bad after all.

Remember Veronica Necyporuk? Yes, of course, she was the lady who told us about how malaria was spread. She recently emailed Bradley with answers to two questions that went unanswered on the night.

Q1. If a mosquito bit a person who was HIV positive would this virus be transferred to another person when the mosquito bit again?

A No, because the mosquito sucks up blood and not injects blood, and also the HIV virus would not survive in the time taken for the mosquito to bite again.

Q2. Where did the malaria virus come from i.e. where did it originate?

A The answer is not known as malaria has been around for centuries and has been called different things. It was only in the late nineteenth century and early 20th century that it was discovered that malaria was transmitted by mosquitoes. So thank you for clearing that up Veronica.

"The important thing is not to stop questioning. Curiosity has its own reason for existing. One cannot help but be in awe when he contemplates the mysteries of eternity, of life, of the marvelous structure of reality. It is enough if one tries merely to comprehend a little of this mystery every day. Never lose a holy curiosity." Albert Einstein

President George.

To-Night's Meeting

Deborah Irwin

The Literature Extension Program

Congratulations

Birthdays

22/06/2006

Bill Carney

Anniversaries

NIL

Last Week's Meeting

Kevin Beltrame introduced Michelle Sharkey, the Executive Officer for The Stroke Recovery Association. Michelle outlined the definition of a stroke, its causes and, more importantly, Stroke Prevention. 48,000 people in Australia have a stroke each year.

A stroke is a neurological deficit that affects a motor and/or sensory brain function. There are three types of stroke:

- **Ischaemic Stroke**
⇒ Caused by a clot in the brain
- **Haemorrhagic Stroke**
⇒ Caused by bleeding in the brain
- **Transient Ischaemic Attack**
⇒ A mini stroke but recovery is quick and lasts less than 24 hours

An Ischaemic Stroke can be caused by an embolism travelling from within the body to the brain; or by a thrombosis in the blood supply to the brain.

A Haemorrhagic stroke can be caused by an intracerebral haemorrhage bleeding into the brain;

or a subarachnoid haemorrhage bleeding into the brain cavity.

Measures to Prevent a Stroke include:-

- Proper diet and weight control
- Reducing blood pressure and cholesterol
- Eliminating Stress and learning relaxation
- Testing for diabetes and heart disease
- Stop Smoking
- Never ignore warning signs
- Take medication as prescribed

The signs/symptoms of a stroke are:-

- Confusion
- Limb or facial weakness
- Numbness to the face or limbs
- Parasthesia (Pins & Needles) to the face or limbs
- Speech or Visual deficit
- Swallowing problems

Michelle provided literature on strokes, including information on help available to the victims of stroke.

Joe Campisi thanked Michelle on behalf of the Club.

Last Week's Announcements

From President George Hallworth:-

- ❖ Welcome back to Steve Taylor, Brian Driver and Angelo Franco
- ❖ A commitment sheet for the Club Changeover on 30th June was circulated
- ❖ Thank you letter from Fred Hollows Foundation for \$1000 donation
- ❖ Thank you letter from Prostate Cancer Assoc. for \$500 donation
- ❖ Thank you letter from Downs Syndrome Assoc. for \$2,200 donation
- ❖ Other donations include \$5830 to the Rotary Foundation, \$1000 to Red Shield Appeal, \$1,200 to Shelter Box for emergency relief.

From Secretary Roger Vince:-

- ❖ Reminder that the Rotary Club of Springwood changeover will be held 3 July. Members interested in attending to see him.

From Director Kevin Beltrame:-

- ❖ Thank you to all members who helped out at the Meriden Interact Dance. The evening was a great success.

From Director Bradley Ayres:-

- ❖ Reported on a great day at Bicentennial Park for the Rotary Family Picnic Day.

From Director Paul Giammarco:-

- ❖ Attended District GSE meeting on Thurs., at Kingswood.
- ❖ Applications for Team Leader to North Carolina open in August for GSE exchange next year.

From President-Elect Rod McDougall:-

- ❖ Photos needed for end of year Bulletin.
- ❖ The Incoming Board met after the general meeting.

From District Conference Organising Committee Chairman Bert Houston:-

- ❖ Accommodation in Newcastle for next year's District Conference must be finalised by next week
- ❖ Hotels will not hold bookings any longer without deposits.

From Peter Foss:-

- ❖ Seeking 40 attendees from Strathfield Rotary for the District Change Over on 25th June.
- ❖ 12noon for 12:30 pm \$52pp payable next week.

From Anu Kamkolkar:-

- ❖ Seeking any member attending the International Conference.

From Keith Byrn:-

- ❖ Reported that Euan Watson not well, but is recovering.

Statistics

Present:-	35 Members
Apologies:-	10 Members
Non-Apologies:-	7 Members
Exemption:-	3 Member
LOA:-	3 Members

The Sergeant raised \$87.00 during a session, recognising members' birthdays!

Raffle Winners

The raffle raised \$190.⁰⁰

1 st Prize	Dry Cleaning Voucher	Paul Giammarco (S'field Plaza Dry Cleaning)
2 nd Prize	Dinner next week	Anu Kamkolkar
3 rd Prize	Bottle of Wine	Ray Wilson

COMING EVENTS

District 9690 Changeover

Sunday 25th June, 2006. Waterview Convention Centre, Bicentennial Park, Sydney Olympic Park
12.00 noon for 12.30pm. \$52 pp

Strathfield Rotary Club Change Over

Friday 30th June 2006 at Strathfield Golf Club
6:30 for 7:00pm

Rotary Club of Granville 50th Birthday

Lachlan's Restaurant in Parramatta Park @ 6:30 for 7:00pm on Saturday 22nd July. \$55pp.
Contact Cheryl Thomas (98533247)

Police Officer of the Year Awards

Wednesday 16 August 2006. Partner's night. 6.30 for 7.00.

Pride of Workmanship Awards

Wednesday 18 October 2006. Partner's night.
6.30 for 7.00.

NEXT ROTARY MEETING

21st June 2006 **Allan Petersen**
Australian Census 2006

FUTURE CLUB MEETINGS

28th June 2006 **NO MEETING**
Transferred to Friday 30th June

30th June 2006 **Strathfield Rotary Club Change Over**
FRIDAY TRANSFER MEETING at Strathfield Golf Club 6:30 for 7:00pm

5th July 2006 **Rob Edwards**
Chief Executive Officer
Australian Direct Marketing Association

12th July 2006 **Harley Tarrant**
District Governor 9690

HUMOUR FROM OUR MEMBERS

Irish Speedo's

From Shirley Del Prado

Patrick, who was on holiday from Ireland on Bondi beach couldn't seem to make it with any of the girls, so he asked the local lifeguard for some advice.

"Mate, it's obvious," says the lifeguard, "you're wearing them old baggy swimming trunks that make ya look like an old geezer. They're year's outta style. Your best bet is to grab yourself a pair of Speedos - about two sizes too small and drop a fist-sized potato down inside 'em. I'm tellin' ya, mate, you'll have all the babes ya want!"

The following weekend, Patrick hits the beach with his spanking new tight Speedos, and his fist-sized potato.

Everybody on the beach was disgusted as he walked by, covering their faces, turning away, and laughing, looking sick! So Patrick went back to the lifeguard again and asked him, "What's wrong now?"

"JAHEESUS!" said the lifeguard, "Mate. The potato goes in the front!"

Subject: 12 packs !

From Grahame True

A man walks into a drug store with his 8-year old son. They happen to walk by the condom display, and the boy asks, "What are these, Dad?"

To which the man matter-of-factly replies, "Those are called condoms, son."

"Men use them to have safe sex." "Oh I see," replied the boy pensively. "Yes, I've heard of that in health class at school."

He looks over the display & picks up a package of 3 & asks, "Why are there 3 in this package?" The dad replies, "Those are for high school boys, ONE for Friday, ONE for Saturday, & ONE for Sunday."

"Cool" says the boy.

He notices a 6 pack & asks, "Then who are these for?" "Those are for college men," the dad answers, "TWO for Friday, TWO for Saturday, & TWO for Sunday." "WOW!" exclaimed the boy, "then who uses THESE?" he asks, picking up a 12 pack!

With a sigh & a tear in his eye, the dad replied, "Those are for the married men. ONE for January, ONE for February, ONE for March....etc.!"

How do these people survive?

From Grahame True

ONE

Recently, when I went to McDonald's I saw on the menu that you could have an order of 6, 9 or 12 Chicken McNuggets. I asked for a half dozen nuggets. "We don't have half dozen nuggets," said the teenager at the counter. "You don't?" I replied. "We only have six, nine, or twelve," was the reply.

"So I can't order half dozen nuggets, but I can order six?" "That's right." So I shook my head and ordered six McNuggets

TWO

I was checking out at the local Wal-Mart with just a few items and the lady behind me put her things on the belt close to mine. I picked up one of those "dividers" that they keep by the cash register and placed it between our things so they wouldn't get mixed. After the girl had scanned all of my items, she picked up the "divider", looking it all over for the bar code so she could scan it. Not finding the bar code she said to me, "Do you know how much this is?" I said to her "I've changed my mind; I don't think I'll buy that today." She said "OK," and I paid her for the things and left. She had no clue to what had just happened.

THREE

A lady at work was seen putting a credit card into her floppy drive and pulling it out very quickly. When I inquired as to what she was doing, she said she was shopping on the Internet and they kept asking for a credit card number, so she was using the ATM "thingy."

FOUR

I recently saw a distraught young lady weeping beside her car. "Do you need some help?" I asked. She replied, "I knew I should have replaced the battery to this remote door unlocker. Now I can't get into my car. Do you think they (pointing to a distant convenience store) would have a battery to fit this?" "Hmmm, I dunno. Do you have an alarm, too?" I asked. "No, just this remote thingy," she answered, handing it and the car keys to me. As I took the key and manually unlocked the door, I replied, "Why don't you drive over there and check about the batteries. It's a long walk."

FIVE

Several years ago, we had an Intern who was none too swift. One day she was typing and turned to a secretary and said, "I'm almost out of typing paper. What do I do?" "Just use copier machine paper," the secretary told her. With that, the intern took her last remaining blank piece of paper, put it on the photocopier and proceeded to make five "blank" copies.

SIX

A mother calls 911 very worried asking the dispatcher if she needs to take her kid to the emergency room, the kid was eating ants. The dispatcher tells her to give the kid some Benadryl and should be fine, the mother says, I just gave him some ant killer.....
Dispatcher: Rush him in to emergency!

Golfing

From Grahame True

One Saturday morning I got up early. I put on my long johns. I dressed quietly. I got my lunch made, grabbed the dog and went to the garage to put my golf clubs in the trunk, and down the driveway I went. Coming out of the garage rain is pouring down; it is like a torrential down pour. There is snow mixed in with the rain, and the wind is blowing 80 kph. Minutes later, I returned to the garage. I came back into the house and turned the TV to the weather channel.

I find it's going to be bad weather all day long, so I put the clubs back in the garage, quietly undressed and slipped back into bed.

There I cuddled up to my wife's back, now with a different type of activity on my mind, and whispered, "The weather out there is terrible."

To which she sleepily replies, "I know! Can you believe my stupid husband is out golfing in this "rubbish"?"

The Bull

From Shirley Del Prado

Two sisters, one blonde and one brunette, inherit the family ranch. Unfortunately, after just a few years, they are in financial trouble. In order to keep the bank from repossessing the ranch, they need to purchase a bull so that they can breed their own stock.

Upon leaving, the brunette tells her sister, "When I get there, if I decide to buy the bull, I'll contact you to drive out after me and haul it home."

The brunette arrives at the man's ranch, inspects the bull, and decides she wants to buy it. The man tells her that he will sell it for \$599, no less.

After paying him, she drives to the nearest town to send her sister a telegram to tell her the news. She walks into the telegraph office, and says "I want to send a telegram to my sister telling her that I've bought a bull for our ranch. I need her to hitch the trailer to our pickup truck and drive out here so we can haul it home."

The telegraph operator explains that he'll be glad to help her, and then adds, it's just 99 cents a word."

Well, after paying for the bull, the brunette only has \$1 left. She realizes that she'll only be able to send her sister one word.

After a few minutes of thinking, she nods and says, "I want you to send her the word "comfortable."

The operator shakes his head. "How is she ever going to know that you want her to hitch the trailer to your pickup truck and drive out here to haul that bull back to your ranch if you send her just the word "comfortable?????????"

The brunette explains, "My sister's blonde. The word's big. She'll read it very slowly ... com-for-da-bul."