



STRATHFIELD ROTARY BULLETIN

DISTRICT 9675

THE SPOKE

1st-March-2017

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<https://www.facebook.com/strathfieldrotary>

Rotary, United Nations and Australian Themes

Month of Feb	Rotary	Water and Sanitation Month
Days of Feb	United Nations	Zero Discrimination Day (1st March)
		World Wildlife Day (3rd March)



Steve's Snippets

Hi Everyone,

Forgive me please in advance, because I'm sure you will be sick of hearing about the Stroller Derby soon, but in the meantime there is a lot to be done.

PP Peter Smith has very graciously accepted the role of recruiting "volunteers" for the Community Walk and Fun Run components. We will need 50 if we can because they are needed for crowd direction and guidance, making sure nobody is injured along the course, and also perhaps registration prior to the event.

A couple of things have come up where members may assist if possible. I expect I will need around

200 to 300 chairs and 50 to 60 tables, and possibly more if we get a really big crowd (I hope!).

We will need a PA system, and possibly walkie-talkies for communication for the organising team. We will need perhaps 500 to 600 entry bibs (numbered) for the fun run.

And also I'm sorry to ask, but we will probably need a small stage for the presentations, and if possible a large marquis for weather protection. Of course we can hire these items at some cost, which will of course be done if needed.

I will provide more details and updates at each meeting for the next 7 weeks.

As promised to everyone the Board are endeavouring to provide a busy program of activities from now until changeover. The tentative program which includes some weekday evenings, some Sundays and some transfer meetings.

Tuesday April 4th ULTIMATE KARTING Narellan \$105 /head = Racing plus pizza and pasta buffet

Friday April 7th Ten Pin bowling North Strathfield + Thai dinner

Easter April 14-17 No effect on meetings on 12th or 19th

Tuesday April 25th BBQ breakfast and ANZAC DAY Service at Cape Cabarita Optional attendance.

Sunday May 7th possible date for Camelot visit and picnic at Camden

Wednesday May 10th Giammarco Membership evening with John Elvy. Possible cheque presentation to Infants Home Stroller Derby

Wednesday May 31st International (Indian) dinner at the club.

Wednesday June 7th regular meeting of the club at the golf Club

Wednesday June 14th meeting

transferred to Friday 16th

Friday June 16th which is the **40th anniversary and up party** (at the Golf Club) for 5 or more members who have achieved this milestone

Wednesday 21st June Normally no meeting - Possible optional dinner evening, still to be discussed by the Board

Saturday June 24th CLUB CHANGEOVER

Any board member or in fact myself would greatly appreciate your input so that we can adjust programs if needed.

Revolving weekly Fines Chair: this initiative seems to be working well. I think many of us were surprised when PDG David Croft indicated this was the first ever time he had controlled a fines session. I wonder who else will have something different to explain when their time comes around.

That's enough for this week, we are about to become very busy.

President Steve



Last Week's Guest Speaker: Jamal Lazaar

"You have something special. No... you have something special! Me... do I have something special? Yes... YOU have something SPECIAL!!!"

This is how our night started off with our very *special* guest speaker, Jamal Lazaar (at least on my table!).

Jamal delivered a truly inspirational speech, life story and eventually, plea

– a plea that we all realise just how special we individually are, and how much untapped potential is within us. He pleaded with us all to think about what goals we have: what personal goals; what business goals; and what social goals? And then to DRAMATICALLY INCREASE them!

Life can too often be a journey of unintended mediocrity. Jamal's story was a wake-up call to all of us, to realise that we can do essentially whatever it is we DECIDE to do. We should be more like a tree he said, because a tree is better at this than a human.

Really? I hear you ask. How can this be?

Well... a tree does nothing through its entire life but strive to reach its fullest potential, whether it be height, fruit, or depth of root system. It never stops. We as humans have been proffered the gift (and sometimes the curse) of "the dignity of choice". We can, and often do, choose to be lazy and satisfied with our lot, which may be a million miles from our true potential. What a shame.

Jamal suggested that the hardest part of all of this is to actually believe in yourself. Design and build a skyscraper? Easy. Manage a multimillion dollar project? Easy. Believe in yourself, and that you can achieve incredible goals? The hardest

thing you will ever do. Stop worrying; start living... it is possible! You only see negative things and roadblocks when you are not fully focussed on your goals. Don't worry about the "how", just focus on the goal. The rest will sort itself out. Believe! If you don't take a risk, you can't grow. If you don't grow, you can't become your best. If you don't become your best, you will never be truly happy. This was his message.

Jamal also suggested we should not be afraid to ask for help occasionally (we are only human after all). We do

not ask for help because we are weak; we ask for help so we can remain strong. Life is so influenced by how we choose to see things.



The final message was for us all to be sure that we don't reach our death bed and realise that we had only just scratched the surface of our true potential. How many regrets will we have? Studies have shown that the majority of death bed regrets have been about what was not done in one's life, and also living the life expected by others, not the life that you truly wanted.

Hopefully this was the *Kairos* (Google it) for us all. Have you reached your full potential?

Rick Vosila



This Week's Speakers: RYLA Awardees

There is little doubt that the Rotary RYLA program is one that makes a huge impact on the young people who

attend. Tonight we welcome back some of the young people our club sponsored at the recent RYLA camp.



Next Week's Speaker: TBA

Watch this space.



Dates for the Calendar



<i>Rotary Events</i>	
Wednesday 1 st Mar 2017	RYLA Awardees
Wednesday 8 th Mar 2017	TBA
Fri 10 th to Sun 12 th March 17	District Conference – Wollongong
Wednesday 15 th Mar 2017	Vocational talk – Andrew Aravanis
Wednesday 22 nd Mar 2017	Wayne Collis: Tips and traps for investing for retirement
Monday 27 th Mar 2017	Tribute to Honour the Work of RAWCS Australia (Transfer meeting to Burwood)
Wednesday 29 th Mar 2017	No meeting (Transfer meeting to Burwood)
Wednesday 5 th April 2017	School debate

<i>Birthdays</i>	
7 th March	Chris Virgona

<i>Anniversaries</i>	
1 st March	George Helou (Rotary)
2 nd March	Umesh and Anuradha Kamkolkar (Wedding)



Rotary Celebrities and Projects

When we celebrated the birth of Rotary on 23rd February, it was worth reflecting on the life of **Paul Harris, the founder of Rotary**. Paul Harris was born in Wisconsin in 1868. When his parents fell on hard times, Paul moved to Vermont to live with his paternal grandparents.

While living in Vermont, he attended the famous Black River Academy, but was expelled after only a short time. At his secondary school in Rutland, he was known as a prankster. After secondary school, he attended the University of Vermont but, in 1886, he was expelled after an incident involving a secret society.

Paul moved to Iowa, where he was apprenticed at a local law firm. After completing his apprenticeship, he studied law at the University of Iowa. He graduated with a Bachelor of Laws in June 1891. However, for the next five years, he worked odd jobs: for a newspaper as a salesman and a reporter, on fruit farms, as an actor and cowboy, and on cattle ships that traveled to Europe. In 1896, he

moved to Chicago, where he lived the rest of his life.

In 1896, Paul Harris began his law practice in Chicago's main business district and was active in this practice for the next forty years. After establishing his law practice, he began to consider the benefits of formation a social organisation for local professionals. In 1905, he organised the first Rotary Club "in fellowship and friendship" with three clients and local businessmen, Silvester Schele, Gustavus Loehr, and Hiram Shorey. His initial goal was solely to create a club of professional and businessmen for friendship and fellow-ship. He soon realised that Rotary needed a greater purpose.

"Change is the law of life. And those who look only to the past or present are certain to miss the future." Paul Harris

David Croft





The statistics

Attendance last week	15
Leave of absence	4
Apologies	8
No apology	6
Club membership	33
Partners	0
Guests	3
Members Rotary activities	Week ending 21-2-17: 33 [hours]

<i>Funds raised last week</i>	
Raffle	\$145.00
'Heads and tails'	\$20.60
Sergeants session	\$96.40



Your Committee 2016-2017

President	Stephen Taylor	Secretary	Peter van der Sleen
President Elect	Rick Vosila	Sergeant	Grahame True
Immediate Past President	Allan Petersen	Treasurer	Rod McDougall
Youth	Arie Pappas	Community	Andrew Aravanis
International	Rick Vosila	Vocational	Not filled
		Club Services	Bradley Ayres

Bulletin Editor	Bradley Ayres	Web master	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari



Fines Sessions Roster

President Steve along with Sergeant Grahame have come up with the idea that our members take turns delivering the fines session each week. This should make for a fun and entertaining evening.

Here is the list of names and dates for you to record. If you are unable to deliver the fine session on your designated night could you please organise a replacement and let me know.

Sergeant Grahame

1 st March	Ed Dunlop
8 th March	No meeting
15 th March	Paolo Giammarco
22 nd March	Anuradha Kamkolkar
29 th March	Peter Manenti
5 th April	Ray McCluskie
12 th April	Arie Pappas
19 th April	Charles Pitt
26 th April	Richard Horwood
3 rd May	Joe Saad
10 th May	Peter Smith
17 th May	Gulian Vaccari
24 th May	Peter van der Sleen
31 st May	Rick Vosila
7 th June	Janelle Watson
14 th June	Andrew Aravanis
21 st June	Usha Garg



CONFERENCE PROGRAM – Draft Version V11

**DISTRICT 9675 – 2017 DISTRICT CONFERENCE
10 – 12 March 2017**

**NOVOTEL WOLLONGONG NORTHBEACH
Conference Level**

REGISTRATION, TRAINING & WELCOME RECEPTION – Friday 10 March 2017

1:00 – 9:00 pm		Conference Registration Open – Location: Rotary Market Place / Conference Lobby	
2:00 – 5:00 pm	3 hours	ROTARY TRAINING SESSIONS	
		STREAM 1 – KEIRA ROOM	STREAM 2 – KEMBLA ROOM
2:00 – 3:00 pm	1 Hour	Session 1A – “What Can Rotary Offer Me – The Icing on the Cake”	Session 2A – “Making Fundraising Fun – How Far Outside the Square Can We Think”
3:00 – 4:00 pm	1 Hour	Session 1B – “Membership – Family Planning”	Session 2B – “Meetings – Stepping In and Stepping Up”
4:00 – 5:00 pm	1 Hour	Session 1C – “Our Club and Our Community – Our Extended Family”	Session 2C – “Building Successful Teams – Buddying Like Bandits”
7:00 – 10:00 pm	3 hours	WELCOME RECEPTION – Location: Outside Deck – Entertainment: “ACE”	
10:00 pm		Close	

CONFERENCE DAY ONE – Saturday 11 March 2017 – Morning Sessions

7:30 – 9:00 am	90 mins	Registration & Arrival Tea / Coffee – Location: Rotary Market Place / Conference Lobby
9:00 -10:30 am	90 mins	SESSION 1. CONFERENCE OPENING – Location: Grand Ballroom
	5mins	“Call to Order” <i>Presented by MC – Rotarian Murray Kear</i>
	5 mins	“Welcome to Country” <i>Presented by Uncle Richard Davies</i>
	5 mins	National Anthem
	5 mins	“Welcome to Wollongong” <i>Presented by Councillor Gordon Bradbery OAM, Lord Mayor Wollongong City Council</i>
	10 mins	“Official Welcome and Conference Opening” <i>Presented by DG Stephen Humphreys – Rotary Club of Camden</i>
	20mins	Topic: “The Future of Rotary” <i>Presented by RI Director Noel Trevaskis</i>
	40 mins	Topic: “Motivation and Overcoming Adversity – Dust to Glory” <i>Presented by Paralympian Curtis McGrath</i>
10:30 – 11:00 am	30 mins	Morning Tea / Coffee and Exhibitions – Location: Rotary Market Place / Conference Lobby
11:00 – 12:30 pm	90 mins	SESSION 2. – Location: Grand Ballroom
	20 mins	Topic: “Passion and Purpose (The Purple House Story)” <i>Presented by Sarah Brown - Chief Executive Officer of Western Desert Nganampa Walytja Palyantjaku Tjutaku (WDNWPT) Aboriginal Corporation</i>
	5 mins	Changeover
	20 mins	Topic: “A Quick Solution To Solving a Water Problem” <i>Presented by Helene “Bo” Morse – Disaster Aid Australia</i>
	5 mins	Changeover
	40 mins	Topic: “Rotary Inspired Me” <i>Presented by New Generations: Tabatha Buonaccorsi, Jayden Bregu, Judith Mogi</i>
12:30 – 1:30 pm	60 mins	Networking Lunch and Exhibitions – Location: Rotary Market Place / Conference Lobby



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CONFERENCE DAY ONE – Saturday 11 March 2017 – Afternoon Sessions

1:30 – 3:05 pm	95 mins	SESSION 3. – Location: Grand Ballroom
	40 mins	Topic: “Lifting The Lid” <i>Presented by Marcus Akuhata-Brown - inspiring international speaker and young leader</i>
	5 mins	Changeover
	20 mins	Topic: “Australian Rotary Health: Why Child and Adolescent Mental Health?” <i>Presented by Professor Michael Sawyer OAM - Honorary Medical Advisor for ARH</i>
	5 mins	Changeover
	25 mins	Topic: “Polio Update and Graffiti Removal Updates” <i>Presented by Bob Aitken - End Polio Co-ordinator in Zone 7B and part of Zone 8</i>
3:05 – 3:35 pm	30 mins	Afternoon Tea / Coffee & Exhibitions – Location: Rotary Market Place / Conference Lobby
3:35 – 4:50 pm	75 mins	SESSION 4. – Location: Grand Ballroom
	30 mins	Topic: “Addressing Boys’ Mental Health” <i>Presented by Melissa Abu-Gazaleh – The Top Blokes Foundation</i>
	5 mins	Changeover
	10 mins	Topic: “Organ Donation – Donate Life” <i>Presented by Debbie Roberts – Organ Donation Advocate</i>
	5 mins	Changeover
	25 mins	Topic: “Changing Times – Changing Rotary” <i>Presented by Jessie Harman - Project Lead, Regional Membership Plan for Zone 8</i>
7:00 – 11:00 pm	4 hours	Conference Dinner – Location: Ballroom – Entertainment: “Rusty Katz”



CONFERENCE DAY TWO – Sunday 12 March 2017 – Morning Sessions (Only)

7:00 – 8:30 am	90 mins	BBQ BREAKFAST – Location: Stuart Park (Northern Beachside of Novotel)
8:00 – 9:00 am	60 mins	Registration & Arrival Tea / Coffee – Location: Rotary Market Place / Conference Lobby
9:00 – 10:45am	105 mins	SESSION 5. – Location: Grand Ballroom
	45 mins	Topic: “Vocational Service Q & A” <i>Presented by Charles Mille - Director Vocational Service and VS Team</i>
	5 mins	Changeover
	20 mins	Topic: “Defining Rotary’s Brand” <i>Presented by PDG Wendy Gaborit - Public Image Coordinator – Zone 8</i>
	5 mins	Changeover
	30 mins	Topic: “The Rotary Foundation” <i>Presented by PDG Bruce Allen – Manager of TRF South Pacific & Philippines Office and PDG Dr Ravi Vadlamani</i>
10:45 – 11:15	30mins	Morning Tea / Coffee and Exhibitions – Location: Rotary Market Place / Conference Lobby
11:15 – 1:00pm	105 mins	SESSION 6. – Location: Grand Ballroom
	40 mins	Topic: “Songs of a War Boy” <i>Presented by Adut Deng - Internationally Renowned Lawyer & ex-Sudanese Child Soldier</i>
	5 mins	Changeover
	30 mins	Topic: “Rotaract” <i>Presented by Zachary Fitzpatrick – District Rotaract Representative</i>
	5 mins	Changeover
	10 mins	Topic: “About Next Year” <i>Presented by DGE Stephen Britten</i>
	15 mins	Topic: “Conference Wrap up” <i>Presented by DG Stephen Humphreys</i>
1:00 pm		CLOSE